



## The End of the Fall Term is upon us!

Can you believe it's almost the end of the fall term? Congrats on making it this far, Mustangs! Remember that Western has a wide range of academic and wellness supports available to grad students to help you through the end of the term.

[End of Term Supports](#)

## Events on Campus

**DEC 4**

### SOGS Holiday Ugly Sweater Party

Join SOGS Orientation & Social Committee (OSC) for it's annual Holiday Party at the Grad Club on Dec 4! Wear your ugliest, most ridiculous Christmas or winter holiday themed sweater and celebrate the close of the fall term.

[Register](#)

**DEC 6**

### Therapy Dogs

The St. John Ambulance Therapy Dogs are back! De-stress with some furry friends on Wednesday, Dec 6 from 1:30 to 3 p.m. in the Weldon Community Room. No registration required, open to the entire Western community. We hope to see you there!

[Learn More](#)

**DEC 11**

### Visual Pleasure with Dr. Jeff Preston and Erin Clark

Join the Office of EDI at Western in honour of International Day of Disabled People for a mind-blowing evening of captivating visuals and delightful insights with Dr. Jeff Preston and aerialist Erin Clark.

[Save a Spot](#)

**DEC 11-15**

### Graduate Writing Week

GradWRITE Seminars are designed to help graduate students and postdoctoral scholars meet the specific demands of academic and professional writing. [Check out topics and register now!](#)

[More Info](#)

**DEC 13**

### Summarizing Your Research into an Abstract

They're short. We all have to write them. In this seminar we'll examine what it takes to represent your research, manuscript, thesis, dissertation, or conference paper, and your academic identity, in just a few hundred words.

[Register](#)

**DEC 15**

### Editing and Proofreading

This session examines the different stages of the writing process with a specific focus on the revision stage. Strategies for identifying structural or mechanical problems in the writing are presented along with advice.

[Register](#)

[See All Events](#)

## Campus Life

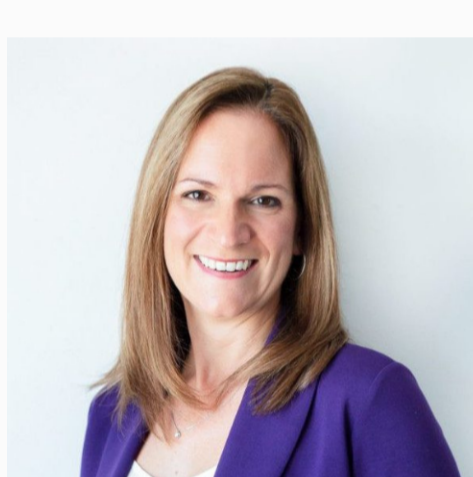
### INSPIRING MINDS: AMIYA AGGARWAL



Amiya Aggarwal, MSc candidate, Psychology, Faculty of Social Science shares her research in the latest Inspiring Minds profile. "My research aims to see if passively listening to a foreign language can make the process of finding word boundaries easier."

[Read Amiya's Profile](#)

### NEW SAFE SPORT MEASURES



Laura Misener (Photo source: Western Communications)

Western is introducing new safe sport commitments to support student-athletes, including the appointment of Laura Misener to the role of Senior Advisor on Safe Sport.

[Read Full Story](#)

## GET INVOLVED

- **Western Research Forum**  
Abstract submissions for the WRF 2024 are now open! [Submit by January 8, 2024.](#)
- **Western Libraries Student Advisory Council**  
Meet twice a year with other students and library staff to weigh in on library spaces, services and resources. You'll receive co-curricular credit and a reference letter. [Apply by Dec 5.](#)
- **EDI Certificate Programs**  
Promote Inclusivity, Impress Employers, and Drive Positive Change with the Office of EDI's [FREE certificate programs.](#)

## LEARNING CORNER

If you're in a course-based program, two presentations offered by Learning Development & Success this week might interest you:

- **Writing Essay Tests:**  
Monday, December 4 from 1:30 to 2:30 p.m.
- **Managing Test Stress:**  
Wednesday, December 6 from 10:30 to 11:30 a.m.

Both presentations will take place in the Weldon Library Community Room.

[Learn More](#)

## MUSTANGS MINUTE

Admission is **FREE** for Western grad students for all Mustangs sports teams regular season home games with your valid Western ONECard.

**Upcoming Games:**  
Mustangs Men's and Women's Basketball teams play vs the Waterloo Warriors on Saturday January 6 W-6PM and M-8PM at Alumni Hall, and our Men's Hockey team play vs the Nipissing Lakers on Friday, January 12, 2024.

Family and friends of graduate students are also free for these games! Select 'General Public and/or Youth' and enter CODE: GS24JAN at checkout.

[See full sports schedule!](#)

Follow [@WesternMustangs](#) on TikTok for behind the scenes with all of our Mustangs teams or [@WesternMustangs](#) on all other platforms for game day info and team coverage.

## WESTERN WELLNESS

Reach out for support when you need it! [Mental health counselling appointments](#) are available Monday to Thursday from 9 a.m. to 7 p.m., and Friday from 9 a.m. to 5 p.m. Crisis appointments are also available every day until 4:30 p.m. Call 519-661-3030 to book an appointment.

**Reminder: CMHA After Hours Counselling is available on campus until December 14.** Running Mondays in-person and Thursdays virtually from 5 to 9 p.m. To book an appointment, email [campus@cmhatv.ca](mailto:campus@cmhatv.ca).

**Want to talk to someone who shares your lived experiences, anonymously?**

All Western students have free access to Togetherall, an online peer-to-peer resource where you can anonymously connect with others from around the world who are going through similar experiences.

To get started, use your UWO email to sign up at [Togetherall.com](#)

## UPCOMING WORKSHOP: DISSERTATION WRITERS' RETREAT

December 13, 9:30 a.m. - 4:00 p.m. & December 14, 9:30 a.m. - 3:00 p.m. @ Chu Centre

Remove yourself from daily distractions and focus your time exclusively on dissertation writing! The Dissertation Writers' Retreats provides PhD candidates with dedicated time for intensive writing. Participating in the Retreat can help you make significant progress in writing your dissertation and help establish good writing habits.

Participants have the option to attend in-person or virtually. The Zoom link will be provided in your confirmation email.

The Dissertation Writers' Retreat involves:

- *Dedicated writing time for your thesis*
- *Short mini writing seminars facilitated by the Writing Support Centre*
- *One-to-one support from expert writing advisors*

[Register Now](#)

## GRAD STUDENT LIFE

**Looking for a study break?** Check out the [SOGS event calendar](#) for Grad Club events like Weekly Trivia, Rick McGhie, Karaoke Night and more!

We want to hear from you! Complete our [Student Experience Communications Survey](#) and share your feedback to help us better serve you!

**Western Intramurals**  
Registration opens today for Winter Intramurals. Space is limited, so register early as a team or as an individual. [Register NOW!](#)

**Did You Know?** Campus Rec has [Equipment Rentals](#) located on the 2nd floor of WSRC, near the change rooms. Borrow/return equipment needed for drop-in programming like badminton racquets, sports hijabs, basketballs, squash racquets, volleyballs and more. They also offer [locker and/or towel service.](#)

Check out the [Western Campus Recreation](#) website for December hours and programming.

## IMPORTANT DATES

### December 22 (Final Business Day of Fall Term):

- Grade submission deadline for fall term grades for students wishing to graduate at the February In-Absentia Convocation.
- Deadline for doctoral and master's candidates to submit the thesis for examination to SGPS to be eligible for Thesis Defense Only status for the winter term.
- Final thesis submission deadline for students wishing to graduate at the February In-Absentia Convocation.

## GRAD POLL

This is the last issue of **What's Up Western Grad Students** for the fall term. We'd love to hear your feedback!

Vote on your favourite sections and provide thoughts on what YOU want to see more of in these monthly emails.

**Vote on your favourite sections and provide open feedback:**

[Vote Now](#)

## Follow us on social



Have feedback or want to share your story? Email us at [WhatsUpWestern@uwo.ca](mailto:WhatsUpWestern@uwo.ca)