Western University Student Mental Health and Wellness Strategic Plan Community Engagement Process

In spring 2016, Student Experience initiated the first-time development of a strategic plan for Student Mental Health and Wellness. In the following year, we hope to collect information from key members of the University community, which will inform the development of the strategic plan. The following information indicates how and when members of the University community will be engaged throughout this process.

Phase I: Consultation and Development of a Draft Mental Health and Wellness Strategic Plan

<table>
<thead>
<tr>
<th>Date</th>
<th>Event / Engagement Opportunity</th>
<th>Who</th>
</tr>
</thead>
</table>
| Spring 2016        | Initiation of Strategic Planning Process                                                        | • Student Experience  
                                                         • Student Mental Health and Wellness Advisory Committee           |
| June 25, 2016      | Review of Mental Health Strategic Plans and Discussions with Canadian Universities              | • Key stakeholders from Canadian Universities                          |
| July 15, 2016      | Mental Health and Wellness Vision Day  
                                                                   Opportunity for members of the University Community to gather for a day of brainstorming and provide information that informed the consultation process of the plan | • Faculty members  
                                                                   • Western Staff  
                                                                   • Students                                  |
| August 2016        | Consultation Phase: Interviews  
                                                                   Consultation interview with Campus Case Manager                     | • Campus Case Manager                                                   |
| Fall and Winter 2016 | Survey, Interviews, and Focus Groups:  
                                                                  Focus groups will be hosted with stakeholder groups to collect data on strengths and gaps and barriers to addressing mental health and wellbeing on campus. An online survey will be made available for members of the campus community to provide input. | • Student Mental Health and Wellness Advisory Committee  
                                                                  • Undergraduate students  
                                                                  • Graduate students and post-doctoral fellows  
                                                                  • Campus Police  
                                                                  • SERT Members  
                                                                  • Campus Council  
                                                                  • Student Health Services  
                                                                  • Student Development Centre  
                                                                  • VIP Program  
                                                                  • Learning Skills Program  
                                                                  • Housing and Residence Life  
                                                                  • Senior Administration  
                                                                  • University Students’ Council  
                                                                  • Western Legal Council  
                                                                  • Academic Counsellors  
                                                                  • AVP Resources and Operations  
                                                                  • Electronic submissions |
| January-March 30th 2017 | Analyze stakeholder data and draft preliminary recommendations for plan                        | • Mental Health Strategist  
                                                                  • Western Student Mental Health and Wellness Advisory Committee |
| April-September 2017 | Share the draft plan with Student Mental Health and Wellness Advisory Committee – solicit input and update draft. | • Western Student Mental Health and Wellness Advisory Committee |
## Phase II: Feedback on the Student Mental Health and Wellness DRAFT Strategic Plan

<table>
<thead>
<tr>
<th>Date</th>
<th>Event / Engagement Opportunity</th>
<th>Who?</th>
</tr>
</thead>
</table>
| September – December 2017 | Share updated DRAFT Strategic Plan Internally  
  • Collect any additional feedback on draft document from key stakeholder groups | • Associate Deans  
  • Campus Council  
  • PVP  
  • Deans |
| December 14, 2017 | Share final draft of plan with the Student Mental Health and Wellness Advisory Committee for final feedback. | • Student Mental Health and Wellness Advisory Committee |
| January 2017    | Share final draft of plan with campus community. Last opportunity to provide online feedback. | • Email final draft to all faculty, staff and students. |
| February 2017   | Present final draft of plan to SCUP for information and feedback.  
  • Incorporate feedback before final presentation to seek approval in March. | • SCUP February Meeting |
| March 2017      | Seek endorsement of plan from Senate Committee on University Planning. | • SCUP March Meeting |
| April 2017      | Seek senate approval of plan, and recommendation to Board of Governors | • April 13 Senate Meeting |
| May 2017        | **Seek Board of Governors approval.** | • April 26 Board of Governors meeting |