



International Week is November 18-22!

Save the date for International Week, November 18-22—the annual celebration of diversity, international learning opportunities, global collaborations and more!

Plan to attend events like the [Cultural Showcase](#) on November 18 and the [Go Abroad Fair](#) on November 19. Watch for inspiring stories and be part of this exciting week focused on the many pieces that make up our #GlobalWesternU!

[More Details](#)

Events on Campus

Nov 5

Diwali Party & Craft Night

Join SOGS on Tuesday, November 5 from 6 to 8 p.m. for a Diwali celebration in the IGAB Atrium. Tickets are just \$5 and include painting clay *divas*, desi music, refreshments; tea, samosas, and gulab jamun.

[Get Tickets](#)

Nov 12

Track Day for United Way

Join us for Track Day for United Way on Tuesday, November 12 from 11:30 a.m. to 1:00 p.m. at Western Alumni Stadium —**enjoy a donut and coffee or hot chocolate with your \$5 donation**, plus lawn games and community spirit as we walk to raise funds for United Way Elgin Middlesex. This event is rain or shine, so dress for the weather!

[United Way](#)

Nov 18-22

International Week

Mark your calendar, International Week is November 18-22! Celebrate diversity and global opportunities at events including the [Cultural Showcase](#) on November 18 and the [Go Abroad Fair](#) on November 19!

[Learn More](#)

Nov 21

De-stress Fest

Enjoy some snacks and de-stressor activities, learn about available student supports, and hang out with the St. John Ambulance Therapy Dogs from 1 to 3:30 p.m. in the Weldon Library Community Room.

[Learn More](#)

Nov 12

Volunteer Fair

Drop by the Mustang Lounge in the UCC on Tuesday, November 12 from 10 a.m. to 2 p.m. to discover opportunities to get involved on campus and in the London community!

[Learn More](#)

Nov 14-17

Opera at Western: Die Fledermaus (The Bat)

Die Fledermaus - a perennially popular and deeply cherished Viennese comedic operetta - has something for everyone: practical jokes and posh masked balls, mistaken identity and deception, romance and seduction—all set to an enchanting score from the Waltz King himself, Johann Strauss II. Music and dialogue in English. November 14-17. Discounted student tickets available!

[Get Tickets](#)

Nov 18-22

International Student Career Workshop Series

Join our career coaches for a series of workshops designed to support international students in their career journey.

[Learn More](#)

Nov 28

hirewesternuAbility Accessible Employment Forum

Join us on November 28 from 5:30 to 8 p.m. in the Thames Hall Atrium to network with employers and hear from an expert panel and keynote speaker. More details to be announced soon!

[Register](#)

[See All Events](#)

Campus Life

WESTERN NEWS: Western PhD candidate's internet addiction research earns national recognition

Rajender Singh, a PhD candidate in the Faculty of Education, wrote the contest-winning policy paper, "Hooked Online: A Call for Canadian Leadership in Addressing Internet Addiction." (Submitted)

Rajender Singh hopes his recent scholarly success on the national stage will promote much-needed discussion about the pervasive impacts of digital platforms.

Earlier this year, the education PhD candidate and critical policy researcher was named the winner of the prestigious [National Student Paper Competition](#) (NSPC) for his policy paper, "[Hooked Online: A Call for Canadian Leadership in Addressing Internet Addiction](#)."

[Read Full News Story](#)

INSPIRING MINDS: Ashar Mobeen

Ashar Mobeen, PhD candidate in Visual Arts at the Faculty of Arts and Humanities, explores how ancient and Indigenous art and architecture reflect deep astronomical knowledge. His research aims to provide insights into humanity's cosmic connection and advocates for a post-humanist perspective in facing global challenges like climate change.

[Read More](#)

GET INVOLVED

- [Climate & Sustainability Strategy Survey](#) - Join the conversation! Participate in the campus-wide input survey from November 1 - 30, 2024.
- [Speaking Along the Spectrum: Navigating Neurodiverse Communication Styles](#) - Learn tangible strategies for communicating with friends, family, and peers through a neuro-affirming lens. Join us on November 28 from 12 to 1 p.m. [Register today!](#)
- The next [Learn to Lead summit](#) is taking place on November 29. Strengthen your leadership skills and earn recognition on your Co-Curricular Record.
- Join the [Office of EDI Workshops](#) to deepen awareness within the Western community and equip students and staff with essential tools to practice allyship and embrace core values of equity, diversity, and inclusion.
- Western Campus Recreation is offering the [National Lifeguard Course](#) this November! The course runs November 15-17 and 23-24, 9:15 a.m. - 5:15 p.m. Eligible candidates must be 15 years of age by the last day of the course; hold a current Standard First Aid w/ CPR C certification; and hold a Bronze Cross certification. [Register now](#), space is limited.

GRAD STUDENT LIFE

- Looking for something to do? Check out the [SOGS event calendar](#) for events and activities like the International Book Club, Queerly Beloved Cinema, French Film Club, Rainbow Coffee Club, Board Game Night and more!
- **Try Something Odd – Get Something Free!** All November long, grab any sandwich from Odd Burger and score free fries—a \$5.79 value! Find a Street Team member in the UCC to get your voucher and enjoy this tasty deal on weekdays from 11 a.m. to 3 p.m. at [Odd Burger](#) in the Food Hub.
- Book a [Grad Life Coaching](#) appointment to gain support on your graduate journey at Western. Meet with Meghan, a former Western graduate student, to create a personalized plan covering academics, wellness, professional development and more.
- Get your resume, cover letter, CV, and LinkedIn profile reviewed by a [peer adviser](#)? Drop in to UCC 210 Monday to Friday from 10:30 a.m. to 12:30 p.m. or 1:30 to 3:30 p.m.
- Ever wondered about how to use AI in your job search? Or how to stand out at a networking event? Check out [upcoming career workshops](#) to learn these skills and more.
- This month's [Writing Support Centre workshops](#) focus on [writing for specific purposes](#) (like essay exams and executive summaries) and [writing for professional purposes](#) (like letters of intent and personal statements).

WESTERN WELLNESS

Fall Flu and COVID-19 Vaccination Clinic

Health and Wellness Services is holding its fall vaccination clinic **November 11-14, from 8:30 a.m. to 4 p.m. daily, in the Thames Hall Atrium** – no appointment needed. Vaccines available: Influenza (flu) and COVID-19 (recently approved booster dose). Individuals can choose to receive both vaccinations at the same time. Learn more on our [vaccination page](#).

Reminder: Don't forget to bring your Health Card & UHIP Card (for international students)!

*If it's your first time at Health & Wellness Services, call 519-661-3030 or stop by Thames Hall, Room 2170, to register with the clinic.

Can't make the fall vaccination clinic? Call 519-661-3030 to book an appointment to get your flu or COVID-19 vaccine.

FAQ: Are family members of Western students eligible for the fall vaccination clinic? No. Family members of Western students are not eligible for the fall vaccination clinic. For more information on where to receive vaccines, please visit the [Middlesex-London Health Unit website](#).

MUSTANGS MINUTE

For the 2nd year in a row **Mustangs Women's Cross Country** [won the provincial banner](#), coming in 1st in the province at the Ontario University Athletics (OUA) Championship; and **Mustangs Men's Lacrosse** team [won the Baggataway Cup national championship](#) this past weekend. Back to back championship wins for both teams.

Mustangs teams are in the PLAYOFFS! **Mustangs Football plays in the Yates Cup OUA provincial championship** at Laurier on Saturday, Nov 9.

Mustangs Basketball Season Home Openers – doubleheader – Friday, November 8 vs McMaster – Women at 6 p.m. and Men at 8 p.m. Both teams also play on Saturday, Nov 9 vs Lakehead – Women at 6 p.m. and Men at 8 p.m. All games are at Alumni Hall.

Mustangs Volleyball Season Home Opener – a doubleheader on Friday, November 15 with the Women at 6 p.m. and Men at 8 p.m. Both teams also play on Saturday, November 16 - Women at 2 p.m. and Men at 4 p.m. All games are at Alumni Hall vs the McMaster Marauders.

Check out the full Western Mustangs sports schedule!

[Sports Schedule](#)

For more info, follow [@WesternMustangs](#).

OWN YOUR FUTURE

Upcoming Workshop: Working with the News Media to Get Your Story Told

In this workshop you will learn the basics of working with the news media to promote your work and research. You'll learn about the current media landscape, how to work with reporters, get some basic interviewing tips and be introduced to op-ed writing and The Conversation Canada.

Date: Monday, November 18
Time: 1:00 to 3:00 p.m.
Location: IGAB Room 1N05

[Register Now](#)

IMPORTANT DATES

- **Nov 4:** Final date for doctoral candidates to complete the preliminary thesis submission to finish the degree within the fall term and be eligible for the February In-Absentia Convocation
- **Nov 25:** Final date for master's candidates to complete the preliminary thesis submission to finish the degree within the fall term
- **Nov 26:** Recommended deadline to submit to the School of Graduate and Postdoctoral Studies any request for a Change of Registration for the winter term (leave of absence, part-time status, transfer from master's to doctoral degree, intent to be eligible for TDO status etc.). Recommended deadline to Apply to Graduate for the February In-Absentia Convocation.

Have feedback or want to share your story? Email us at WhatsUpWestern@uwo.ca

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Western Student Experience