

Attend the hirewesternu Career Fair on October 8 & 9!

Meet with more than 120 employers on October 8 and 9 from 10 a.m. to 3 p.m. in the **Mustang Lounge (UCC)**. Attending employers are excited to share the fulltime, part-time, and work integrated learning opportunities in their organizations.

The Career Fair takes place over two days to allow for larger pathways and greater access to employers which we hope will improve the experience for all attendees. The fair is open to all Western students, as well as alumni and London community members. No registration is required.

Check out who's attending and discover tips to help you prepare!

More Details

Oct 10

Day

water bottles.

Learn More

Events on Campus

Oct 9

Ethics Workshop

Western Education's Research Office, in collaboration with Western Ethics, is pleased to invite you to an Ethics Workshop, open to everyone interested in learning about the Ethics Application process and related topics. Ethics Officer Trevor Bieber will lead the session, which will include an informative overview followed by a Q&A segment.

Register

Oct 10

Sustainability Fair

Connect with groups at the Sustainability Fair on Thursday, October 10 from 2 to 3:30 p.m. in the Weldon Library Community Room. Explore outreach booths to join a club, volunteer, participate in upcoming events, and win prizes.

Learn More

Oct 23

Intro to Your Strengths

Discover how to leverage your unique talents at Western and beyond by joining the Intro to Your Strengths Workshop on October 23 from 12:30 to 1:30 p.m.

Register

Oct 29

Graduate & Professional School Fair

If you're considering pursuing further education, check out the Graduate & Professional School Fair in the Mustang Lounge (UCC) from 10 a.m. to 3 p.m. Meet with reps from 90+ institutions and discover your options.

Learn More

Oct 22

The St. John Ambulance Therapy Dogs are back! De-stress with your favourite

Therapy Dogs

pups on Tuesday, October 22 from 1:30 to 3 p.m. in the Weldon Community Room. Learn More

World Mental Health

Join the USC and Wellness & Well-

being for World Mental Health Day!

petting zoo, bracelet-making, vision

boards, and tons of giveaways,

Stop by the Mustang Lounge from 10

a.m. to 2 p.m. for FREE activities like a

including student planners and sensory

Locating and

Oct 23

Analyzing Newspapers Join us for a virtual workshop on Oct 23

from 1 to 2:30 p.m. to explore how to

locate and analyze newspapers for research, from contemporary to historical sources in libraries, archives, and online. Register

Oct 30

Diversifying Citations

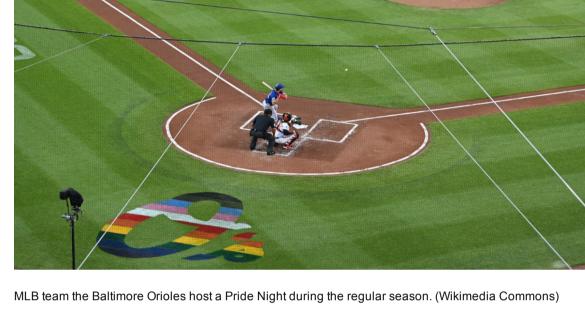
(and Perspectives) Join us virtually on Oct 30 from 10:30

a.m. to 12 p.m. for a workshop on analyzing racial bias in reference lists and developing more inclusive citation practices, exploring how to discover diverse perspectives in academic research. Register

See All Events

Campus Life

WESTERN NEWS: How professional sports could influence politics



Professional sports have long shaped and reflected societal changes, serving as both a mirror and a driver of political attitudes. From integrating leagues during the

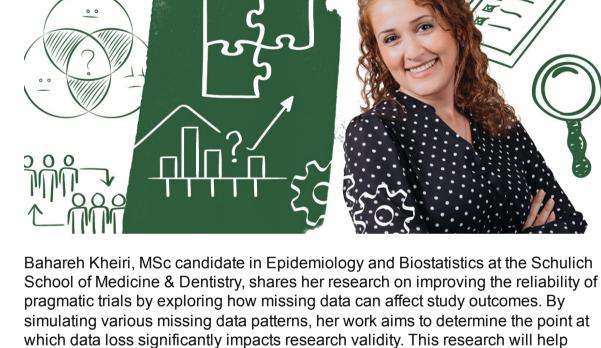
Civil Rights Movement to engaging with social justice causes today, sports

continue to play a significant role in influencing how we view key issues. This article delves into how sports fandom can shape identity and impact political perspectives in surprising ways. Read more to explore the powerful connection between sports and politics. Read Full News Story

INSPIRING MINDS: Bahareh Kheiri

Inspiring Minds | Bahareh Kheiri

establish guidelines to enhance the quality of medical trials.



Read More **GET INVOLVED**

 Interested in volunteering in the London community? Join the Western Serves Network listserv to be alerted to upcoming opportunities!

register.

The Office of EDI is currently recruiting Western University students and staff to participate in a research study examining the effectiveness of the **Anti-Racism** Foundations Certificate Program. If you choose to participate in this study, you will be asked to complete the certificate program and two surveys (one

- before and one after the program) about your knowledge of diverse cultures, inclusion concepts/behaviours, and allyship. Participants will have the opportunity to be entered into a draw to win one of five \$100 gift cards to amazon.ca! Click here to participate.
- Standard First Aid and CPR-C courses are available at Western this Fall! Register now for comprehensive first aid, CPR, and Automated External Defibrillation (AED) training. Upcoming course dates: Oct 26/27, Nov 16/17, Nov 30/Dec 1. Space is limited! **NEW Advanced Figure Skating** - Western Campus Recreation now offers a program for advanced skaters only! Work on jumps, spins, and footwork—no helmets required. However, no personal music, or pairs/groups (synchro) skating allowed. Must have a Skate Canada Membership and Star 5 Skills to
- **GRAD STUDENT LIFE**
- SOGS Wellness Week is coming at the end of October! Stay tuned to <u>@westernsogs</u> on social media for details and ways to get involved. Join the Writing Support Centre this month for seminar series on Writing Foundations and Writing in the Disciplines.

October is Cyber Security Awareness Month! Western #CyberSmart will be

Hitting the gym and unsure how to use the equipment? Check out Western

sharing tips and tricks to stay safer online on our Instagram

<u>@westerncybersmart</u> all month long.

WESTERN WELLNESS

- Campus Recreation's **Equipment Guide Video Tutorials** for easy step-by-step guidance on how to use the equipment at the Western Student Recreation Centre (WSRC).
- where students can connect, share experiences, and learn new skills to support their well-being. Here are a few upcoming groups: • Relationship Basics - This 4-week group focuses on learning how to form the meaningful and fulfilling relationships that you want. Students can discuss all

types of relationships whether with friends, romantic/sexual partners, or more casual hookups. This group is for female & non-binary identified students.

The Health & Wellness team is offering several group care sessions this fall,

Running weekly on Wednesdays starting October 23 from 1:30 to 3 p.m. in Thames Hall Rm. 3172. Register now by emailing health@uwo.ca. Grief Loss and Support - This 6-week group aims to create a safe, nurturing and non-judgmental space to help process the loss of an individual through

emotional support, connection, validation and education around the grieving process. Running weekly on Thursdays starting October 24 from 2:30 to 4 p.m.

Explore our **Group Care website** to see all groups offered this term. MUSTANGS MINUTE

in Thames Hall Rm. 3175. Register now by emailing health@uwo.ca.

The Mustangs have four teams ranked in the U SPORTS National Top 10! Women's Cross Country sits at #2, Women's Soccer is #3, Football is #4 and

Western students get into all regular season home games (on campus) for free with a valid Western ONE Card. Some exciting upcoming home games include:

Men's Cross Country is #4.

before the playoffs!

Sports Schedule

 Mustangs Men's Hockey HOME OPENER on Thursday, October 10 at 7 p.m. vs Brock Badgers at Thompson Recreation Athletic Centre (TRAC) Mustangs Men's and Women's Soccer play on Friday, October 11 at 6 p.m. (W) and 8:15pm (M) vs York Lions & on Sunday, October 13 at 1 p.m. (W) and 3:15 p.m. (M) vs Guelph Gryphons – all at Western Alumni Stadium

Nxt Gen Mustangs Football Game is on Saturday, October 19 at 1 p.m. vs

Windsor Lancers at Western Alumni Stadium. Last regular season home game

Check out the full Western Mustangs sports schedule to see what's happening every week and come cheer on your Mustangs!

For more info, follow <u>@WesternMustangs</u>. OWN YOUR FUTURE

Upcoming Workshop: Dissertation Writers' Retreat Remove yourself from daily distractions and focus your time exclusively on dissertation writing! The Dissertation Writers' Retreats provides PhD candidates

make significant progress in writing your dissertation and help establish good writing habits. Coffee, tea and snacks will be provided in the morning and afternoon, along with lunch at the Grad Club. Please make every effort to clear your calendar and commit to attending the full retreat. Date: October 28 & 29, 2024

with dedicated time for intensive writing. Participating in the Retreat can help you

Time: 9:30 a.m to 4:00 p.m. Location: SGPS Classroom - IGAB N105

Register Now

- **IMPORTANT DATES**
- Oct 15: Due date for second installment of fall term tuition for those paying in 2 installments. • Oct 23-25: Autumn Convocation
- Oct 30: Last day to provide proof of Permanent Residency to have fall term tuition fees reduced to the domestic rate.
- Oct 31: Last day to withdraw from a graduate course beginning in the fall term without academic penalty. Students who drop after this date will receive an F on their transcript.

Western University 2024