



It's International Week!

Celebrate diversity and explore global opportunities during International Week! Don't miss exciting events like the Go Abroad Fair on November 19, Global Café on November 21, and Songs of Many Lands on November 22. Join the Passport Contest and attend events for the chance to win prizes!

[More Details](#)

Events on Campus

Nov 18-22

International Week

Celebrate diversity and global opportunities during International Week! View the schedule of events and join the passport contest for a chance to win prizes! More details below.

[View Schedule](#)

Nov 21

De-Stress Fest

Enjoy some snacks and de-stressor activities, learn about available student supports, and hang out with the St. John Ambulance Therapy Dogs from 1 to 3:30 p.m. in the Weldon Library Community Room.

[Learn More](#)

Nov 26

Vintage on Campus

Join the USC on November 26 in the UCC Mustang Lounge for a full day of vintage shopping! Vintage clothing, home goods, records, \$20 racks, reworks, and so much more!

[Follow USC](#)

Nov 26

Resiliency & Rest

Drop by the Weldon Community Room from 2 to 4 p.m. for Resiliency & Rest. Open to all Western students to come and take a break and explore their own self-care through community, crafts and activities, and learn about healing after an experience of gender-based violence and/or trauma.

[Learn more](#)

Nov 28

Speaking Along the Spectrum: Navigating Neurodiverse Communication Styles

Join us on Thursday, November 28 from 12 to 1 p.m. to learn tangible strategies for communicating with friends, family and peers through a neuro-affirming lens.

[Learn More](#)

Nov 28

hirewesternuAbility Accessible Employment Forum

Join us on November 28 from 5:30 to 8 p.m. in the Thames Hall Atrium to network with employers and hear from an expert panel and keynote speaker. More details to be announced soon!

[Register](#)

[See All Events](#)

Campus Life

PHOTO FEATURE: Track Day for United Way



Thank you to everyone who joined us for Track Day for United Way at Western Alumni Stadium! If you are looking for ways to get involved and give back, check out Western's United Way campaign.

[United Way x Western](#)

WESTERN NEWS: Convocation relocates downtown starting June 2025



To address accessibility and capacity challenges at Alumni Hall, convocation ceremonies will move to Canada Life Place for the next five years while a long-term on-campus solution is explored.

[Read Full Story](#)

WESTERN WELLNESS

Flu and Covid Vaccinations

Thanks to everyone who joined us at the annual fall vaccination clinic. If you missed it and still want to get your vaccination, call us at 519-661-3030 to book an appointment!

Upcoming Workshops:

Collectivist Values Workshop - Join us November 20 from 2 to 4 p.m. to explore how values from collectivist cultures can provide valuable lessons for complementing individualistic approaches, fostering a more inclusive and supportive environment without positioning one culture as superior to the other. This workshop counts towards the Office of EDI's Anti-Racism Certificate. [Register here!](#)

Creative Kindness: Embracing Ourselves Through Art

Join us for a monthly drop-in workshop exploring art as a tool for self-compassion and connection. Through creative activities and discussions, you'll embrace your authentic self, build resilience and connect with fellow students. No artistic experience is needed—just an open heart! Running Fridays, 2 to 4 p.m. (Nov. 22, Jan. 24, Feb. 28, Mar. 28) in Thames Hall Rm. 3186. First-come, first-served. No registration required. All are welcome while supplies last!

Wellness and EDI Trainings & Workshops

Check out upcoming [Wellness](#) and [EDI](#) workshops on campus.

MUSTANGS MINUTE

Congratulations to **Mustangs Women's Cross Country** on coming in 1st in the COUNTRY and winning the U SPORTS National Championship Banner.

Mustangs teams are in action:

- Mustangs Men's and Women's Basketball** play on Friday, Nov 22 vs the Nipissing Lakers and on Wednesday, Nov 27 vs the Brock Badgers. All games are at Alumni Hall - Women at 6 p.m. and Men at 8 p.m.
- Mustangs Men's and Women's Volleyball** play on Friday, Nov 29 vs the RMC Paladins at Alumni Hall. Women at 6 p.m. and Men at 8 p.m.
- Mustangs Men's Hockey** play vs the TMU Bold on Friday, Nov 29 at 7 p.m., Thompson Arena.

Admission is free for Western students to all regular season home games with valid Western ONECard.

Check out the full Western Mustangs sports schedule to see what's happening each and every week and come cheer on your Mustangs!

[Sports Schedule](#)

For more info, follow [@WesternMustangs](#).

GET INVOLVED

- NEW! Intramural Tournaments Dec 2024** - All tournaments will be held on December 1, 2024. Sports include 3x3 Basketball, Dodgeball and Volleyball. [Registration opens today](#) and runs until Nov 27. Space is limited. More info can be found at [www.uwo.ca/campusrec](#).
- Climate & Sustainability Strategy Survey** - Complete the climate and sustainability survey until November 30 for a chance to win one of four \$100 gift cards to the Dellelce Family Bookstore!
- International Student Career Workshops** - Join our career coaches November 18 - 22 for a series of workshops designed to support international students in their career journey.
- The Office of EDI at Western provides [certification programs](#) to support individuals with the knowledge and tools they need to create a more inclusive and equitable environment in their workplace, community, and beyond.

STUDENT LIFE

- Try Something Odd – Get Something Free!** All November long, grab any sandwich from Odd Burger and score free fries—a \$5.79 value! Find a Street Team member in the UCC to get your voucher and enjoy this tasty deal on weekdays from 11 a.m. to 3 p.m. at [Odd Burger](#) in the Food Hub.
- The next [Learn to Lead Summit](#) is taking place on November 29. Strengthen your leadership skills and earn recognition on your Co-Curricular Record.
- Visit the [Peer Assisted Learning \(PAL\) Centre](#) for course-specific help from upper-year students who have succeeded in your courses.

IMPORTANT DATES

- Nov 30:** [Last day to withdraw from a full \(1.0\) course and full-year half \(0.5\) course](#) resulting in a grade of 'WDN' (withdrawn, without academic penalty)
- Dec 2:** Second installment of [tuition fees due](#) for undergraduate students
- Dec 6:** Fall classes end
- Dec 9 to 22:** Mid-year examination period

[See More Dates](#)

POT TAKE

Favorite Season on Campus: Which do you prefer?

- Fall** – Cozy vibes and colorful leaves
- Winter** – Picturesque, snow-covered campus

[Vote Now](#)

Results from our last poll: What is the ultimate fall drink?

Pumpkin Spice Latte 21%
Apple Cider 24%
Hot Chocolate 32% (this one surprised us!)
Chai Latte 23%

Have feedback or want to share your story? Email us at WhatsUpWestern@uwo.ca



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Western Student Experience