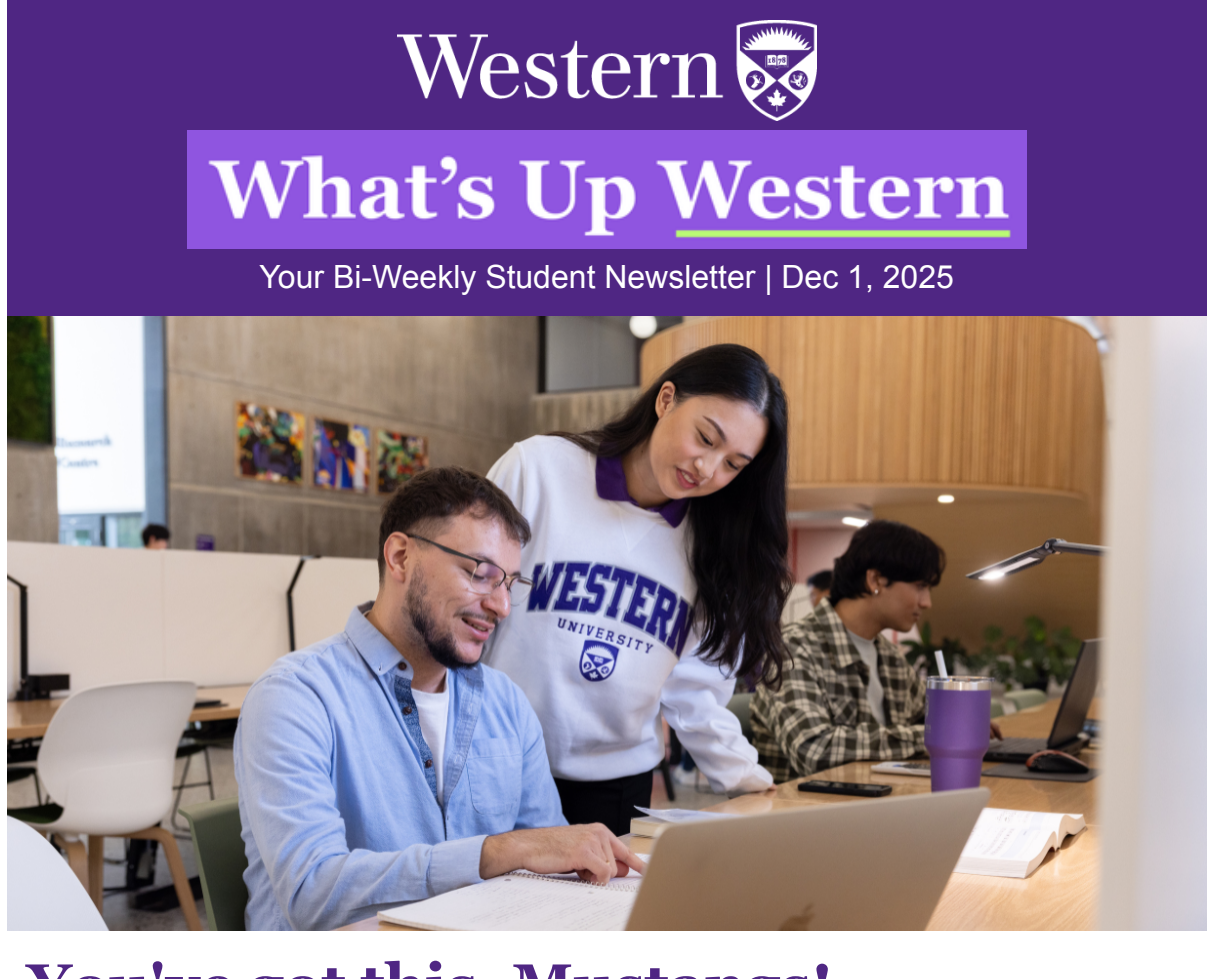




You've got this, Mustangs!

Welcome to the last What's Up Western of the fall term—exam season edition! Inside, you'll find all the essentials: exam shuttle bus info, free late-night breakfast details, library hacks, and more!

As you navigate your final exams, remember Student Experience has a wide variety of academic and wellness supports to help you finish strong!

Exam Supports

Events on Campus

Dec 2

Therapy Dogs

Don't miss the last therapy dog event of the term! Drop by the Weldon Community Room between 1:30 to 3 p.m. on December 2 to de-stress, and grab a treat from the USC. Enjoy cookies and coffee, plus meet The Goose mascot from 1:30-2:30 p.m. for a fun photo-op. We hope to see you there!

Therapy Dogs

Dec 4

Art Thrive: Fire | Futures

Join us for this free drop-in event, December 4 from 1 to 4 p.m., in the Western Student Recreation Centre (WSRC). Make your own 'stained glass' tealight lantern, and view a program of video art that explores the idea of fire as a metaphor for transformation.

Art Thrive

Dec 4 & 18

Global Café

Join Western International for the last Global Café events of the term. On December 4, enjoy a gingerbread people making session, and on December 18, join us for a special holiday-themed cafe featuring karaoke and board games!

Global Café

Dec 5

Daegu Opernstudio Soloists

Hear three young opera singers from the Daegu Opera House in South Korea make their Canadian debut at Western University at 12:30 p.m. in the von Kuster Hall, Music Building and via livestream!

Friday Concert Series

Dec 9

We Got You Day

Stop by Weldon Library's Community Room on December 9 from 10 a.m. to 3 p.m. for a fun-filled "We Got You" Wellness Day, where you can destress with activities such as bracelet making, colouring and Lego—no registration required, just drop in and enjoy!

Western Libraries

Dec 16-18

USC Late Night Breakfast

You know the drill...FREE Late Night Breakfast returns Dec 16-18 at 10 p.m. in the Mustang Lounge. Stop by for a study break and follow @westernusc on Instagram for all the updates!

Late Night Breakfast

See All Events

Campus Life

THRIVE ONLINE: Winter Markets on Campus



Three exciting markets are coming to campus this December. Enjoy festive treats, unique gifts, local creators and seasonal cheer.

Read our [Thrive Online blog](#) to learn more about what each market has to offer. Here is a quick look at the three events:

- **Winter Market:** Explore beautiful and delicious products and services created by Western Entrepreneurs and enjoy festive activities throughout the day, December 2 from 10 a.m. to 6 p.m., Schmeichel Building.
- **Indigenous Winter Market:** Shop for unique handmade gifts while supporting twenty Indigenous creators, artisans and businesses on December 6 from 10 a.m. to 3 p.m., Wampum Learning Lodge. Free admission and parking at 1137 Western Road.
- **Holiday Market:** Ring in the season at Western's first-ever Holiday Market December 9 & 10 from 4 to 9 p.m., at the top of UC Hill! Grab your friends and wander through huts with sweet treats, savoury bites, festive finds and free hot chocolate. Snap a pic with Santa, dance under the stars at the Silent Night Disco, cozy up by the bonfire and enjoy carolers spreading cheer.

Read our blog for more details!

GET INVOLVED

Campus Recreation

- **Winter Intramurals 2026:** Registration is now open! It will close on January 12, 2026 at 11:59 p.m. **League space is limited**, and registration is first come, first served. The wait-list is a great alternative option as teams occasionally drop-out. [View the full list of sports](#).
- **Recreational Sport Clubs:** Western Campus Recreation offers a unique opportunity for the Western student community through Recreational Sport Clubs. Winter term registration starts on December 8, 2025 at 8 a.m.
- **Campus Recreation Exam Hours:** Western Campus Recreation and the WSRC will have slightly adjusted hours during the December exam period. For more information visit [uwo.ca/campusrec](#). Drop by the WSRC atrium Dec 9-12 for a study break and make some Gratitude Cards.

Student Leadership

- **Senate and Board of Governors elections information session:** Interested in serving on Western's Senate or Board of Governors? Join the online information session on January 8 from 12:30 - 1:30 p.m. to learn about the upcoming elections. Register online by January 6.

STUDENT LIFE

Exam Season Essentials

- **Late Night Exam Shuttle:** Studying and staying late on campus? Stay safe this exam season with the free Late Night Exam Shuttle! Catch a ride from Alumni Hall anytime between 12 a.m. to 3 a.m. from December 9-18 to get home worry-free, no booking needed.
- **Foot Patrol:** Walking home after a late study session? Foot Patrol is available throughout the exam period December 10-19, operating daily from 9 p.m. to midnight, to walk with you on campus at night.
- **Library Tips and Tricks for Exam Season:** Many libraries have extended hours in December, including Weldon and Taylor, open until 3 a.m. and midnight, respectively. [Check hours for all libraries](#). Remember to ensure you [pick the study zone that best suits you!](#)
- **Exam Treat Trolley:** Keep an eye out for the Treat Trolley making its rounds through Western Libraries this exam season! Stock up on study fuel, swag, and essential supplies to power you through finals.

Career & Professional Development

- **Grad Application Support:** Applying for grad programs this month? Meet with expert advisors at the [Writing Support Centre](#) for help polishing your written application materials.
- **Western Strengths Conference:** Kickstart your new year with a serious career glow-up! Discover what sets you apart, learn how to talk about your strengths with confidence, and get ready to impress employers. Join us on January 10th for our first ever [Western CliftonStrengths Conference](#). Early bird pricing is on now and the first 50 people to register get a free one-on-one coaching session! This is your chance to boost your skills and get ahead in a competitive job market.

Campus Services & Safety

- **Grocery Shuttles:** Need groceries? Hop on the free USC Grocery Shuttle from Alumni Hall to United Supermarket on Tuesdays! Service dates left this semester: December 2, 9, 16.
- **Cold Weather Reminder:** Help minimize the risks from extreme cold while you are off campus over the holidays. Extreme cold can damage building systems by freezing pipes and coils, which may lead to flooding. Keep windows and doors closed and report any outdoor air entry points to [Facilities Management](#) at 519-661-3304.

WESTERN WELLNESS

Reach out for support when you need it!

Mental health counselling appointments are available Monday to Thursday from 9 a.m. to 7 p.m., and Friday from 9 a.m. to 4:30 p.m. Some same-day and next-day appointment slots are available - call 519-661-3030 to book an appointment.

Join us for our final Wellness Groups & Art Thrive of the fall term!

- **Queer Connections - December 4 from 2:30 to 4 p.m.**
A 90-minute group for 2SLGBTQIA+ students, offering discussion, support, and connection on topics that matter to the community.
- **Group for International Students - December 9 from 1:30 to 2:30 p.m.**
Our Group for International Students offers a way for you to connect and share with others as well as a place to find support for the issues that affect you as a student at Western and in Canada. We will be offering a range of session topics. Snacks and drinks will be available!
- **Art Thrive: Fire | Moving Light - December 10 from 5 to 7 p.m.**
This year's final Art Thrive takes place at McIntosh Gallery and features a performance by Michelle Wilson and the Coves Collective, a series of films from the Small File Media Festival, and the opportunity to make and modify a view-master reel into an ornament.

Wellness & Well-being

MUSTANGS MINUTE



Exciting news Mustangs! **Western is ranked #1 in the country for U SPORTS Academic All-Canadians** - student-athletes who achieved an average of 80% or higher while competing on a varsity team. 559 Western Mustangs student-athletes earned the Scholar Athlete distinction in the 2024–2025 academic year.

This is an exceptional accomplishment, and it reflects the hard work, discipline, and commitment our student-athletes bring to their academics every single day. Their determination, effort, and drive have made these results possible, and we are incredibly proud and proud of this outstanding achievement.

Read Full News Story

Upcoming Home Games/Events:

- **Dec 5:** Figure Skating Showcase 7 p.m., Thompson Arena. Come out and see the back to back 2024 and 2025 OUA Championship Mustangs Figure Skating team as they put on a figure skating showcase. All are welcome.

And here's a sneak peek of the Mustangs varsity schedule for after the holiday break.

- **Jan 7:**
 - Women's Basketball vs Windsor Lancers @ 6 p.m., Alumni Hall
 - Men's Basketball vs Windsor Lancers @ 8 p.m., Alumni Hall
- **Jan 8:** Women's Hockey vs Ottawa Gee-Gees @ 7 p.m., Thompson Arena
- **Jan 9:** Women's Hockey vs TMU Bold @ 7 p.m., Thompson Arena
- **Jan 10:** Men's Hockey vs Windsor Lancers @ 7 p.m., Thompson Arena

Sports Schedule

Western students get into all regular-season home games (on campus) for FREE with a valid Western ONECard.

HOT TAKE

The best place to survive exam season is...

- The library, no question
- Home in full hibernation mode
- A café with the perfect background noise
- Any random corner as long as there's WiFi

Vote Now

Important Dates

- **Dec 1:**
 - Last day to withdraw from a Fall 12-week course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'.
 - 2nd instalment of undergraduate tuition due
- **Dec 9:** Fall Term Classes End
- **Dec 11-22:** Mid-year examination period

See More Dates

Have feedback? Email us at WhatsUpWestern@uwo.ca



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[Unsubscribe info here.](#)

Western Student Experience