



You've got this, Mustangs!

It's that time of year again. Our final What's Up Western email of the term is here, with key resources and supports to help you navigate exam season, including exam shuttle bus information, free late-night breakfast, study supports, and more.

As you prepare for exams, remember that you're not alone. Whether you need academic support or wellness resources, Western is here to help you stay on track and finish the term strong.

Exam Supports

Events on Campus

March 31

De-Stress Fest

Enjoy some coffee, snacks and de-stressor activities, learn about academic and wellness supports, and hang out with the St. John Ambulance Therapy Dogs from 1:30 to 3 p.m. in and around the Weldon Library Community Room.

De-Stress Fest

April 1

Spoke/Wave Job Fair

Bring your resumes! Join the USC's Food & Beverage team on Wednesday, April 1 from 2 to 4 p.m. in the UCC Atrium for on-the-spot interviews at The Spoke and The Wave. Don't miss a great opportunity to make an impact on campus. Follow @spokeusc and @waveusc on Instagram for updates!

April 2

Study Café

Looking for some study motivation? Check out Study Café on April 2! Get course-specific support from upper-year learning peers and enjoy some study snacks from 12:30 to 9 p.m. in the Weldon Library Community Room.

Study Café

April 2

Pop Band Concert

Don Wright Faculty of Music students perform "Pop-pourri" selections including hits by Jamiroquai, David Bowie, Michael Jackson, Blondie and more in their final concert of the year. Free admission. April 2, 12:30 p.m., Paul Davenport Theatre.

Pop Band Concert

April 7

Accommodated Exams Prep Lounge

Drop in for private study rooms, spring crafts, exam planning, and free snacks! Join us in UCC 200 from 2 to 5 p.m. to reset and refocus before finals in a stress-free environment. Open to all students!

April 13-15

USC FREE Late Night Breakfast

You know the drill...FREE Late Night Breakfast returns April 13-15 at 10 p.m. in the Mustang Lounge. Stop by for a study break and follow @westernusc on Instagram for all the updates!

See All Events

Campus Life

THRIVE ONLINE: House Hunting 101: Avoiding Scams and Securing a Safe Rental



Moving off-campus is an exciting milestone, but navigating the rental market can be overwhelming, especially with the risk of scams. In this blog, Sharone shares her personal experiences and essential tips to help you find a safe, reliable home while staying CyberSmart. Don't let rental scams catch you off guard—read more to protect yourself and make informed housing decisions!

Read Sharone's Blog

GET INVOLVED

Job & Leadership Opportunities

- **Western Libraries is hiring Social Media Ambassadors:** Turn your love of social media into a paid job. We're hiring Social Media Ambassadors for next fall — apply by April 5 via the Western Careers Portal (go to recruit.uwo.ca, search "42015").
- **Become a Peer Leader:** Learn how you can gain valuable experience and develop your transferable skills through the [Western Peer Leader program!](#) Positions are still available for Summer 2026 and Fall/Winter 2026-27.
- **Co-Curricular Record:** Turn your campus experience into career impact. You can now add your 2025-26 activities to your [Western Co-Curricular Record](#). Track your involvement, showcase your employable skills, and develop language to tell your story beyond Western.

Stay Active on Campus

- **Visit the Rec Centre:** Take a study break with FREE [Move Your Mood](#) fitness classes at the Western Student Recreation Centre (WSRC), with registration opening 7 days in advance. You can also drop in for a workout—be sure to check [WSRC exam hours](#) before visiting.
- **Campus Clean & Green (April 10):** Take part in this Earth Month initiative and help care for the green spaces we all enjoy on campus.

Share Your Feedback

- **USC Census:** Want a chance to win \$2,500 CAD in cash? The USC wants to hear from you! [Fill out the USC Census](#) for a chance to win thousands of dollars in prizes.
- **Course Feedback Questionnaire:** Provide feedback on your courses by April 11 for a chance to win 1 of 10 \$250 gift cards to the Dellelce Family Bookstore!
- **Career Interests Survey:** Participate in the [Brainstorm Student Career Interests survey](#) and you could win a \$500 Best Buy Gift Card or one of 10 cash prizes of \$100!

STUDENT LIFE

Exam Transportation & Tips

- **USC Late Night Exam Shuttle:** Studying and staying late on campus? Stay safe this exam season with the [free Late Night Exam Shuttle!](#) Catch a ride from Alumni Hall anytime between 12 a.m. - 3 a.m. from April 10-24 to get home worry-free, no booking needed.
- **Foot Patrol:** is also available during the exam period to walk with you on campus at night. Check their site for hours and more details!
- **Library Tips and Tricks for Exam Season:** Make the most of exam season: book a study room, borrow equipment, and take advantage of extended hours starting April 10. Find your perfect study spot across all five locations.

Academic Support

- **Drop-in Writing Support:** There's still time to have your final papers reviewed before they're due! Drop-in and meet with a [Writing Support Centre advisor](#) before April 10: Monday-Friday from 1:30 to 4:30 p.m. in Weldon room M15 (mezzanine level).
- **Organizing Your Presentation:** Get support organizing your final presentation at the last Writing Support Centre seminar of the year on April 1. You'll learn how to create a presentation that people actually want to hear.
- **ITN Lunch & Learn:** Hear from Western and McGill researchers on neuroscience topics including brain health and ALS in this hybrid session from 12 to 1:30 p.m. on April 2.

Summer Planning

- **Western Summer Accommodations:** Staying in London this summer? Western Summer Accommodations (WSA) offers a convenient and supportive place to stay from May 7 to August 22 for Western students and referred guests. Whether you're working, studying or spending the summer in the city, WSA provides a flexible housing option. Reservations are now open on the [myHousing Portal](#).
- **Travelling Outside Canada:** Remember to check that your [Duo MFA account](#) has other options enabled (not just your phone number for texts or calls) to ensure you can access Western services.

IMPORTANT: Changes to Alert WesternU – effective April 10



Western is making it faster and easier for you to know about emergency situations on campus with changes to Alert WesternU taking effect April 10. While alerts will continue to be sent to your Western email, you'll need to [download the new Alertable app](#) to keep receiving mobile app notifications. This update will help ensure you get timely information during emergencies.

Alert WesternU

WESTERN WELLNESS

Take Care of Your Health

As you head into the final stretch of the term, remember to prioritize your well-being. Health & Wellness Services is here to support you with [physical health appointments](#) for illness, injury, allergies, immunizations, and more, as well as [mental health appointments](#) where you can speak one-on-one with a counsellor.

Book an appointment by calling 519-661-3030, visiting Thames Hall, Room 2170, or [online](#) if you've visited the clinic before. Some same- or next-day appointments are available.

Wellness Resources

Explore the [Wellness Resource Library](#) for tools to help manage exam-time stress, including rest & stress tools, grounding exercises, and resources on managing uncertainty and distress.

WHAT'S UP WESTERN FEEDBACK

This is the last issue of What's Up Western for the Fall/Winter term. We'd love to hear your feedback! Vote on your favourite sections and provide feedback on what YOU want included in these emails next year!

Provide Feedback

Important Dates

- **March 30:** Last day to withdraw from a Winter 12-week course resulting in a grade of 'WDN' (withdraw, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'
- **March 31:** Intent to Register closes for all undergraduate students
- **April 12-30:** Final examination period. View your personal April exam schedule by visiting [myexams.uwo.ca](#).

See More Dates

Have feedback? Email us at WhatsUpWestern@uwo.ca



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Western Student Experience