Western

What's Up Western

Your Bi-Weekly Student Newsletter | November 2, 2026



November is here!

There's still lots to look forward to this semester! Celebrate Diwali and International Week, explore career and leadership opportunities, find new ways to get involved on campus, and discover how you can gain research experience as an undergraduate. Check out what's happening at Western in the weeks ahead!

Events on Campus

Nov 3

Vintage on the Block

Shop thousands of vintage items at Dugout Vintage's Vintage on the Block event November 3 from 11 a.m. to 6 p.m. in Mustang Lounge. Follow @westernusc_events on Instagram for more details!

USC Events

Nov 5

Diwali Gala 2026

Celebrate the Festival of Lights with cultural performances, traditional dishes and mithai (sweets). Whether it's your first Diwali or a cherished tradition, dress in traditional or formal attire and celebrate with fellow Western students.

Diwali Tickets

Nov 6

Career Summit

Build the skills, confidence, and knowledge you need to navigate your career journey by attending workshops offered at the Career Summit. Attend all 10 before you graduate to earn a certificate and recognition on your Western Co-Curricular Record!

Career Summit

Nov 11

Remembrance Day Ceremony

All members of the Western community and public are welcome to attend the Remembrance Day ceremony on November 11, from 10:30 to 11:30 a.m. in McKellar Theatre, UCC.

Remembrance Day

Nov 12

Academic Rights & Responsibilities Fair

The USC's Academic Rights & Responsibilities Fair is back on November 12 from 11 a.m. to 2 p.m. in the UCC Atrium to help you learn more about your academic rights and resources. Stop by for a chance to win a private Weldon study room, and more!

Nov 16-20

International Week

Celebrate Western's global community during International Week, November 16–20! Kick off the week at the Cultural Showcase on November 16, then enjoy Global Café, a student cooking showdown and more. Explore the schedule!

International Week

See All Events

Campus Life

PHOTO FEATURE: Therapy Dogs



The Therapy Dogs are back next week! Take a study break and spend some time with the St. John Ambulance Therapy Dogs on Tuesday, November 10, from 1:30 to 3 p.m. in the Weldon Library Community Room.

Therapy Dogs

GET INVOLVED

Leadership, Jobs & Entrepreneurship

- **Accelerator Application:** Ready to take your startup idea further? Apply to Western's Accelerator Program by November 9 to access mentorship, funding opportunities, expert support and a community of entrepreneurs helping turn ideas into ventures.
- **Apply to be a Campus Tour Guide:** The Office of the Registrar is hiring Campus Tour Guides! Share your Western pride, showcase campus and help prospective students discover what makes Western special. Apply by November 20 (applications are reviewed on a rolling basis) at recruit.uwo.ca (Job ID 44898).
- **Learn to Lead:** Save the date! The next Learn to Lead Summit takes place on Friday, November 27. Strengthen your leadership skills and earn a certificate by attending multiple sessions.

Campus Recreation

- **Intramural Dodgeball Tournament:** Missed fall intramurals? Gather your friends and enter the one-day Dodgeball Tournament on Saturday, November 7! Registration closes November 3 at 11:59 p.m., or earlier if spots fill.
- **Move Your Mood:** Take a study break with Move Your Mood yoga on Friday, November 13! Registration opens November 6. You can also enjoy free weekly group fitness classes through Move Your Mood.
- **First Aid Training:** Build confidence in an emergency with Western Campus Recreation's Intermediate First Aid with CPR-C & AED course. Learn essential skills, including CPR, AED use and injury management. The certification is recognized by WSIB. November Classes Available!

STUDENT LIFE

Academic Support

- **Group Study Sessions:** Our Peer Assisted Learning (PAL) team is hosting a series of upcoming study sessions before major midterm exams for courses including Math 1229 and Economics 1021.
- **Writing Seminars:** Upcoming Writing Support Centre seminars cover topics including annotated bibliographies, writing essay exams, and more.

Campus Community & Resources

- **Support Your Campus Community:** Visiting The Spoke or The Cove this month? You can now make a quick donation at our new kiosks to support Food Support Services. Your contribution directly assists students in need as midterms and the holiday season approach. Every bit helps!
- **Buy and Sell Safe Zone:** Selling something online? Choose the Buy and Sell Safe Zone, in the Western Special Constable Service Office Lobby, for a safer exchange. Located in Lawson Hall, Room 1257, the designated space gives members of the community a video-monitored location to meet buyers or sellers from online marketplaces.
- **Sustainability Pulse Survey:** Share your thoughts on campus sustainability by completing the Sustainability Pulse Survey, open November 2–30. Help shape future programs and priorities, and enter for a chance to win one of three $100 Bookstore gift cards!

Arts & Culture

- **Insight Out:** Join an informal exhibition walkthrough at McIntosh Gallery with Peter Chidiac (Physiology and Pharmacology), Jörn Diedrichsen (Computer Science and Centre for Brain & Mind), and videogame executive Michael Schmalz. November 12. Snacks provided!
- **Opera at Western:** Passion, deception and a supernatural twist await in Mozart's iconic *Don Giovanni*. Discounted student tickets are available!

THRIVE ONLINE: How to Get Involved in Research as an Undergraduate Student



Lily shares how undergraduate students can get involved in research at Western, gain hands-on experience and connect with professors, even without previous research experience.

Read Lily's Blog

WESTERN WELLNESS

Join us for our **Fall Vaccination Clinic**, open to all Western students!

Dates: November 9-13, 2026
Times: Monday-Thursday: 9 a.m. to 4 p.m.; Friday: 9 a.m. to 1 p.m.
Location: Thames Hall Atrium

No appointment needed — just drop in! Flu and COVID vaccines can be taken at the same time, or any time before or after each other.

Please be sure to wear appropriate attire and bring your valid Health Card.

Fall Vaccination Clinic

Other Wellness Workshops and Events:

- **Mindful Moments:** Join a quick mindfulness session to strengthen your focus, reconnect with the present and leave feeling more grounded, relaxed and recharged. Every Wednesday from 12 to 12:30 p.m. in UCC 38B.
- **Dating Across Differences:** Explore how lived experiences shape perspectives on consent and relationships, and learn practical strategies for communication, boundaries and navigating conflict across cultural differences.

MUSTANGS MINUTE

Come out and cheer on your Mustangs!

Mustangs Football OUA Semi-Final Playoff Game

- **Saturday, Nov 7:** Mustangs Football take on the Windsor Lancers at Western Alumni Stadium at 1 p.m. First 500 Western students get in free with a valid Western ONECard.

Upcoming Regular Season Home Games:

- **Friday, Nov 6:** Women's Hockey vs. Toronto Varsity Blues, 7 p.m., Thompson Arena*
- **Saturday, Nov 7:** Men's Hockey vs. Guelph Gryphons, 7 p.m., Thompson Arena*
- **Thursday, Nov 12:** Men's Hockey vs. Windsor Lancers, 7 p.m., Thompson Arena*

Western students get in FREE to all regular season home games with a valid Western ONECard.

Sports Schedule

*** Show for Dough Games:** First-year students can opt in for a chance to win money (in the form of a gift card) by cheering on the Mustangs at designated home games (see games above*). The prize starts at $100 and grows by $100 if the selected student doesn't show up. You must opt in and attend to win!

Think you're Western's fastest student? Race in a 60-metre sprint hosted by Western Track and Field for a chance to win prizes and bragging rights. The race takes place on November 8, 4 to 7 p.m., at Thompson Arena (WSRC). Open to all Western students except Track and Field team members. Register to race!

HOT TAKE

What's your ideal study break?

- Hanging out with therapy dogs
- Grabbing a coffee or snack
- Getting outside for some fresh air
- Taking a quick nap

Vote Now

Important Dates

- **Nov 2:** Deadline for official transcripts for courses taken on Letters of Permission during the academic year 2025-26 and the Spring/Summer Terms of 2026
- **Nov 30:** Last day to withdraw from a Fall 12-week course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'

See More Dates