



This weekend: Student Fan Festival & Western Homecoming!

Don't miss your Western Mustangs Football team take on the McMaster Marauders this Saturday, September 26 at 1 p.m. Head over to the East Gates at Alumni Stadium early to check out the **Student Fan Festival**, running **11 a.m. to 4 p.m.** with 25+ FREE food trucks, entertainment, giveaways and a photo station.

Start your day at the [Mustangs Meetup](#) from 9 to 11 a.m. on Concrete Beach (outside the UCC). Connect with current fellow students and alumni and enjoy a free breakfast (while supplies last), alumni-owned business market, Purple Perks spinning wheel and photo backdrop.

Admission to the Student Fan Festival and Homecoming football game is FREE for all Western students at the East Gate, just bring your Western ONECard for entry!

[Student Fan Festival Details](#)

Events on Campus

Sept 22

USC Day

Get to know your University Students' Council at USC Day on Sept 22 from 11 a.m. to 3 p.m. at the UCCI! Learn more about your student council, score free samples, and grab some giveaways. For full details, follow @westernusc on Instagram.

[Western USC](#)

Sept 24

Therapy Dogs

They're back! Drop by for a visit with the St. John Ambulance Therapy Dogs in the Weldon Library Community Room from 1:30 to 3 p.m. Make sure to bring your student card!

[Therapy Dogs](#)

Sept 24

Party Wise Fair

Drop by the UCC Atrium on Sept 24 from 11 a.m. to 3 p.m. to learn how to party wise ahead of Homecoming weekend! Play games, win prizes and grab free giveaways and safe partying resources available to you. Details to be shared to @westernusc_events on Instagram.

[Party Wise](#)

Sept 25

Campus Resource Fair

Visit the UCC Atrium on Sept 25 from 11 a.m. to 3 p.m. and explore different services, programs and opportunities on campus designed to support your academic, personal, and professional growth.

[Resource Fair](#)

Oct 1

Municipal Election Advance Polling on Campus

Western, it's almost time to get out and vote! Cast your ballot in the municipal election on Thursday, Oct 1, right in UCC 269C. More details will be available soon at @westernusc on Instagram.

[Municipal Election](#)

Oct 2

Career Summit

Gain a competitive advantage in your career journey by attending the Career Summit! These workshops offer practical guidance to help you take your next steps with confidence (they're great prep for the [Oct 6/7 hirewesternu Career Fair](#)).

[Career Summit](#)

[See All Events](#)

Campus Life

National Day for Truth and Reconciliation



On September 30, National Day for Truth and Reconciliation (NDTR) will be observed at Western, with events and learning opportunities honouring Survivors, their families, and the children who never returned home. Whether you attend a [free concert](#) from Rebecca Hass (Nitaawegizhigok - Singing Sky Woman), participate in the [Survivor's Flag Raising Ceremony](#) on Concrete Beach, or join the [sunrise ceremony](#), there are many opportunities to get involved.

[Explore NDTR Events](#)

STUDENT LIFE

Academic & Learning Support

- **Peer Assisted Learning:** Drop-in peer advising supports are open now! Get course-specific help at the Peer Assisted Learning (PAL) Centre, or [book an appointment](#) with a Learning Peer for tailored support for many first- and second-year courses.
- **Writing Support Centre Seminars:** Learn about overcoming writer's block, referencing your paper, and planning your written assignments with the Writing Support Centre's upcoming seminars.
- **Learning Development & Success:** Get ahead of your academics with fall workshops to support your learning. Topics including study strategies, notetaking, and time management.
- **Study Zone:** If you need extra study support this term, check out Study Zone! These 2-hour study sessions feature the Pomodoro Method (a structured time management strategy) and free snacks. The first session is Sept 25.

Career Development

- **International Student Career Workshop Series:** Get career advice designed for international students by participating in the International Student Career Workshop Series happening Sept 22-Oct 1.
- **hirewesternu Career Fair:** Save the date! On Oct 6-7, meet with employers who have full-time, part-time, and work integrated learning opportunities.

Campus Recreation

- **Group Fitness:** Find your fit with more than 35 Group Fitness classes offered each week, including strength, cardio, cycling, yoga, Pilates and more. The September to April membership is \$112.43 and gives Campus Recreation members unlimited access to eligible Group Fitness classes throughout the academic year.
- **Recreational Sport Clubs Week:** Looking for a new way to get active and meet people? Happening Sept 21-25 in the Western Student Recreation Centre (WSRC) atrium, learn about available Sport Clubs and meet club members. Fall Sport Club memberships open for online registration starting on Sept 21, with limited space.
- **Locker Locks:** Keep your belongings safe! Did you know that you can buy a lock for \$10 at the Equipment Rental Desk on the 2nd floor of the Western Student Recreation Centre? Use it on any of our day-use lockers while you're enjoying your workout.

Student Perks

- **Imaginus Poster Sale:** The Imaginus Poster Sale is back from Sept 21-25 in the Mustang Lounge! Decorate your dorm or new apartment on a budget with affordable posters. Check out [@westernusc_events](#) on Instagram for the chance to win your favourite poster.

THRIVE ONLINE: From Alone to Included: The Power of Campus Clubs



Starting university can feel overwhelming - especially when you are trying to figure out where you fit in. In this recent Thrive Online blog, Bella explores the benefit of making connections with people that have shared experiences and interests.

[Read Bella's Blog](#)

GET INVOLVED

Leadership & Employment Opportunities

- **Orientation 2027:** Applications are open for the Orientation Coordinator (ID 44607) and Residence Orientation Coordinator (ID 44535), paid roles that support Orientation 2027 and beyond. Apply by Sept 27.
- **Work Study:** Looking for a flexible campus job? Apply for work study opportunities in Student Experience, including WCCR Data Specialist, Strategic Projects Assistant, Work Integrated Learning Assistant, and Leadership & Learning Assistant.
- **Western B.L.U.E.:** The Western Black Leadership University Experience (B.L.U.E.) Program provides in-person, paid, part-time leadership experiences for 20 Black students. Apply before Sept 27!

- **Learn to Lead Summit:** Strengthen your leadership skills, complete your CliftonStrengths assessment, and get started on your Leadership Certificate at the first Learn to Lead Summit of the year on Sept 25.

Sports & Recreation

- **Last Chance to Register for Fall Intramurals:** Registration for recreational and competitive Fall Intramurals closes Sept 22 at 11:59 p.m. If you don't have a team, free-agent opportunities are available for most sports.
- **Unified Sports Day:** A day of sports that brings together Special Olympics London athletes and Western students. Happening Oct 3 at Althouse College, register your team of 5-8 and enjoy a fun day of sport, inclusion and friendship. All are welcome, no experience necessary.

WESTERN WELLNESS

- **Health & Wellness Services:** The Health & Wellness team is here to support you with [physical health appointments](#), [mental health support](#), and more. Call 519-661-3030 or visit Thames Hall, Room 2170 to book an appointment. Once registered with the clinic, you can set up a TELUS Health Connect Account to book appointments [online](#) and manage your clinic profile.

- **Wellness Support Groups:** Learn from your peers experiencing similar circumstances in a supportive environment of 5-12 people. Each session includes a blend of informative presentations, group discussions and practical strategy-building exercises led by a mental health counsellor.
- **Western's Self-Defence Training:** Build confidence and learn practical self-defence skills in this two-day training for female and non-binary members of the Western community. [Register for both days:](#) Oct 1, 5-8 p.m., and Oct 2, 9 a.m.-5 p.m.

- **Mindful Moments:** Drop by UCC 38B on Wednesdays at 12 p.m. for a quick midweek mindfulness practice.

MUSTANGS MINUTE

Current Western students get into all regular season home games (on campus) for FREE