



You've Got This, Mustangs!

It's almost that time again! Our last What's Up Western email for the academic year is packed with exam season essentials. We've got late night exam shuttle info, free late night breakfast details, library tips & tricks and more! Check it out below.

Reminder: if you need support as you move through your exams, reach out or access the many wellness and academic supports Western has to offer.

[Exam Supports](#)

Events on Campus

APRIL 3

Organizing Your Presentation

If you've got an upcoming presentation, check out the Writing Support Centre's upcoming seminar on Organizing Your Presentation.

[Register](#)

APRIL 3

Sustainability Impact Showcase

All are invited to the annual Sustainability Impact Showcase to join for a celebration of campus community members who are making a positive impact on sustainability at Western.

[Register](#)

APRIL 4

Study Cafe

Join us in the Weldon Library Community Room from 12 – 9 p.m. on April 4 to get course-specific help and advice on time management and creating study schedules. Snacks will be provided!

[Remind Me](#)

APRIL 9

Therapy Dogs

Don't miss the last therapy dog event of the year! Hang out with the St. John Ambulance Therapy Dogs in the Weldon Library Community Room from 1:30 to 3 p.m. for the boost you need heading into final exams.

[Learn More](#)

APRIL 10

We Got You Day

Take a break from studying and stop by the Weldon Community Room for We Got You Day Wednesday, April 10 from 10 a.m. to 3 p.m. for bracelet making, lego, puzzles, colouring and more.

[Learn More](#)

MAY 4

RBC Training Ground

Turn your Olympic dreams into reality! Western will host an RBC Training Ground qualifying event on Sat, May 4 in the Western Student Recreation Centre. Athletes of all skill levels are welcome to participate.

[Register](#)

[See All Events](#)

Campus Life

ENJOY THE SOLAR ECLIPSE SAFELY



(Photo by Steve Anderson)

Western's campus will experience a partial solar eclipse on Monday, April 8. As you walk from class to class, you may be tempted to look up. During an eclipse, it is important to avoid looking directly at the sun without proper eclipse eye protection – sunglasses are not proper protection. Use certified solar eclipse glasses from a reliable source and ensure they're undamaged. Find more safety tips below.

[Safety Tips](#)

LIBRARY TIPS FOR EXAM SEASON



(Photo: Western Libraries)

As the library gets busy, remember there are five library locations on campus. Weldon and Taylor have extended hours in April staying open until 3 a.m. and midnight, respectively. [Check hours for all libraries.](#)

Be sure to pick the [study zone](#) that best suits you - conversation friendly, quiet study or silent.

For more great tips & tricks:

[Read More](#)

WESTERN WELLNESS

Exam season can be tough, we're here for you! Reach out for help when you need it. [Book online](#) for **physical or mental health appointments**, including mental health crisis appointments available until 4:30 p.m. on weekdays.

CMHA After Hours Virtual Counselling is available Thursday evenings from 5-9 p.m. until April 18. Email campus@cmhatv.ca to schedule an appointment.

Measles are on the rise in Canada. Visit the [Middlesex-London Health Unit](#) for more information. If you are in need of vaccinations or testing, Student Health & Wellness Services can help! [Book an appointment](#) to speak with a physician.

MUSTANGS MINUTE

Get ready for an epic showdown on ice. Join us for the **Inaugural Mustangs Classic!** Featuring the Western Mustangs Football team vs the Western Mustangs Women's Hockey Team.

Date: April 8
Time: 5 p.m.
Location: Thompson Arena

[Get Tickets](#)

Proceeds go towards supporting Campfire Circle, which raises money to send kids affected by childhood cancer to camp.

For more features, events, and programming follow [@WesternMustangs](#) on Instagram or [@WesternMustangs](#) on TikTok.

GET INVOLVED

• **Course Feedback Questionnaire** - [Provide feedback on your courses](#) by April 10 for a chance to win 1 of 10 \$250 Western Bookstore gift cards!

• There's still time to [attend a career workshop](#) to help you score that summer job! Check out the sessions on cover letters, resumes, and Canadian career realities this week.

• Your transcript only tells half the story; your **Co-Curricular Record** can help tell the rest. The deadline to add activities to your Co-Curricular Record is April 30 through [Western Connect](#). Questions? Drop by the UCC Atrium on April 4 from 10 a.m. to 3 p.m.!

• **Western Libraries Undergraduate Research Awards** - Want to win \$1,000 for one of your course assignments? [Submit your application](#) by April 30 in four easy steps.

• **Call for Nominations: Senate Committees**
The Senate Nominating Committee is accepting nominations for membership on Senate committees for the coming year - please visit the [Secretariat website](#) for further information.

• Learn about mindfulness and its benefits for students with ADHD at the [Mindfulness & Practice workshop](#) on April 5. No prior experience with mindfulness is necessary!

• If you're in 3rd or 4th year, participate in the 3rd [Brainstorm Student Career Interests survey](#) and you could win a \$500 Best Buy Gift Card or one of 10 cash prizes of \$100!

STUDENT LIFE

• **FREE Late Night Exam Shuttle** - The USC is offering students a free and safe ride home. The shuttle will operate April 8-26 from midnight to 3 a.m. All routes begin at Natural Science.

• **Free Late Night Lounge** - Drop by Mustang Lounge April 16 to 18 starting at 10 p.m. to fuel up on some FREE late night breakfast, courtesy of the USC. First come first serve while quantities last. [Follow USC](#) for more info!

• **Foot Patrol** is also available during the exam period to walk with you on campus at night. [Learn more here!](#)

• Staying active can help to relieve stress. April is a great time of year to visit [Western Campus Recreation](#) with an expanded drop-in sports schedule, open swims, a quick workout in one of our cardio spaces, drop-in jogging, walking & skating and more.

• Staying in Western over the summer? [Western Summer Accommodations](#) are open May 8 until August 17 for short and long term stays. Students can use their Western credentials to reserve space over the summer months. They offer budget-friendly options for the Western Community and referred guests.

• Want to play sports and have some fun this summer? Registration starts for **Summer Intramurals** on Monday, April 15 at 8 a.m. You don't have to be a summer student to join. Space is limited, wait lists are available. [Click here for more information and a full list of sports.](#)

IMPORTANT DATES

• **April 2:** Last day to submit ITR (Intent to Register)

• **April 8:** Fall/Winter term classes end

• **April 30:** Deadline to apply for graduation in Spring Convocation

[See More Dates](#)

HOT TAKE

This is the last issue of **What's Up Western** for the academic year. We'd love to hear your feedback!

Vote on your favourite sections and provide feedback on what YOU want included in these emails for next year!

[Vote Now](#)

Results from our last poll: Which spot on campus is your go-to for soaking up the sunshine:

UC Hill 78%
Concrete Beach 22%

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Have feedback or want to share your story? Email us at WhatsUpWestern@uwo.ca