# Western Solution Western

Your Monthly Student Newsletter | Sept, 2023



# **Kicking off the Fall Term!**

Welcome to **What's Up Western Grad Students**, your ultimate guide to campus life, news and events! Stay in the loop with our monthly emails, ensuring you're up to date on all the latest grad life student news.

## **Events on Campus**

SEPT 6	SEPT 19-24	SEPT 29
Graduate	Graduate	National Day
Student	Student	for Truth &
Welcome	Orientation	Reconciliation
Event	Week	
		National Day for
This event	Join your peers	Truth and
brings leaders	for a free	Reconciliation,
from our	breakfast and	observed at Western
campus	resource fair, a	on September 29 as
community	tour of Eldon	a non-instructional
together to	House,	day.
welcome our	Homecoming at	



### **Campus Life**

#### **INSPIRING MINDS**



Inspiring Minds seeks to broaden awareness and impact of graduate student research, while enhancing transferable skills. Students were challenged to describe their research, scholarship or creative activity in 150 or fewer words to share with our community.

Read about Maria Ahmed, PhD candidate, Faculty of Social Science's work on Health Inequalities in Maternal & Child Health: Effects of COVID-19 Hospital Policies on Marginalized Populations.

#### STUDENT SPOTLIGHT



Four Western PhD candidates have been named among recipients of the 2023-2024 Vanier Canada Graduate Scholarships.

Javier Alvarez Vandeputte, Kamaldeen Mohammed, Shahnaza Hamidullah and Edward Wang have been named among the recipients of the awards. (See School of Graduate and Postdoctoral Studies photos above).

Each will receive \$50,000 annually for three years. <u>Read</u> <u>more on Western News</u>.

#### CAREER OPPORTUNITIES

- <u>Career Workshops</u> Learn about career-related topics including developing a strong resume and cover letter, how to network effectively, setting up your LinkedIn profile, and more!
- <u>Employer Information</u> <u>Sessions</u> - Employers are already recruiting for Summer 2024 and beyond, and they want to meet you! Check out the organizations hosting events this month.
- EDI Certificate Programs Promote Inclusivity, Impress Employers, and Drive Positive Change -Experience transformational learning with the Office of Equity, Diversity, and Inclusion's FREE certificate programs: the Anti-Racism Foundations Certificate Program and the Anti-Oppression Certificate.

#### **LEARNING CORNER**

- <u>Grad Study Club</u> Work alongside other grad students to boost your motivation, meet peers, and access staff support. <u>Add to</u> <u>calendar</u>
- Learning Development & Success Presentations -Start the term off strong with presentations on topics including time management, textbook reading strategies, note-taking skills, and more.
- <u>Learn2Thrive</u> If you're currently in the coursework stage of your program, check out Learn2Thrive to develop strategies to thrive both academically and personally.

#### WESTERN WELLNESS

Our Health & Wellness team in Thames Hall is here to support you! Whether you're looking for a physical health appointment or counselling services, we've got you covered. All appointments for Western Health and Wellness services are free of charge and can be booked by calling 519-661-3030. If you are in need of immediate support, contact our team to book a same-day crisis appointment, available Monday - Friday until 4:30 p.m. After-hours crisis support can be found on the Health and Wellness website.

**Togetherall** is now available to all Western students. This online peer-to-peer global mental health site is monitored 24/7 by licensed clinicians, empowering individuals to easily and anonymously connect with others with shared lived mental health experiences in a safe and inclusive space.

#### SOGS

Did you know <u>The Grad Club</u> just underwent a furniture and cosmetic refresh? The updated space now includes more accessible furniture on the patio, new seating, and a new look. The Grad Club (est.1978) is a restaurant, bar, and community space located in Middlesex College, owned by the Society of Graduate Students. All SOGS members are Grad Club members.

Starting today, SOGS members can now receive a 10% discount on food, up to a total discount of \$3 per order!

How to get the discount: Get your Fall 2023 Term Grad Club membership sticker. Put it on your WesternU ID. Show the sticker on your ID to the bar staff upon ordering food! Note: The discount will not be honored without the proof of membership.

Where to get your sticker: At the SOGS office front desk (Middlesex College, room 8). Bring your WesternU ID card.

# OWN YOUR FUTURE

Upcoming Workshop: *Writing Impactful Research Proposals* 

September 18, 2023 from 1:30 p.m. to 2:30 p.m.

A research proposal can determine your path through graduate studies, your potential funding, and your academic and professional future. In this seminar, we'll look at the components that make up successful research proposals to meet the expectations of both your supervisor and committee, and multidisciplinary scholarship review committees. Register on Western Connect!

**Register Now** 

#### **IMPORTANT DATES**

- Sept 8: Due date for fall term tuition (first installment).
- Sept 14: Grade submission deadline for summer term grades for continuing students.
- Sept 29: Last day to enrol in graduate courses starting in the fall term. Last Day to declare an audit for a course starting in the fall term. Last day to drop a graduate course beginning in the fall term without it appearing on the transcript.
  \*Students who drop after this date but before Nov 1 will receive a WDN on their transcript.
- Sept 30: <u>Graduate Bursary</u> Application Deadline for the Fall Term.
- Oct 1: <u>Tri-Agency</u> <u>Scholarships</u> Doctoral Deadline.

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Have feedback or want to share your story? Email us at <u>WhatsUpWestern@uwo.ca</u>

# Western StudentExperience