Spring is almost here! Don’t miss out on this month’s events and activities on campus!

**Events on Campus**

**MARCH 22**
- **Pollinator Practices at Western**
- **Virtual Trauma Informed Yoga**
- **Virtual Panel Discussion: Wellbeing Across the Academic Year**

**MARCH 25-28**
- **Writing Week**

**APRIL 4-5**
- **Virtual Resumes, Letters of Intent, and Personal Statements**

**WEDNESDAY, MARCH 22**
- **Learn to Lead Summit**
- **Sundown: Purple Fest DJ Party**

**TUESDAY, MARCH 28**
- **Join Kaitlyn Robinson, a certified yoga instructor, for an Informed Trauma Yoga Workshop**

**THURSDAY, MARCH 30**
- **Join us for the final two sessions of the Wellness Hub from 11 a.m. to 12 p.m.**

**THERAPY DOGS**

- **Register to apply!**
- **Get paid to create fun video content for the University of Western Libraries’ next library ambassador program for Fall/Winter 2024-25**

**WHAT’S UP WESTERN**

- **Join the last two sessions of the Wellness Hub from 11 a.m. to 12 p.m.**
- **Experiencing issues booking appointments?**
  - **The online booking system has been launched to help improve your experience!**
  - **Bookings are available as early as the same day.**

**UPCOMING INTERNSHIP OPPORTUNITIES**

- **Western Mustangs Figure Skating team student athlete Shona Branton**
  - **As well, the Mustangs Swimming and Diving team student athlete Alanna Record**

**STUDY HACKS**

- **Visit StudentExperience.uwo.ca to apply for graduation in Spring 2024!**
- **Last day to submit ITR (Intent to Register)**
- **Deadline to apply for the Undergraduate Research Apprenticeship Program**
- **April 2: Executive Assistant Recruitment Event**
- **April 20: U SPORTS National Championships**
- **April 21: U SPORTS National Championships**
- **April 24: U SPORTS National Championships**
- **April 25: U SPORTS Michael W. Brown Award and U SPORTS Female Swimmer of the Year**
- **April 26: Register for the Icebreakers March Break Open Swimming and Diving Meet**

**HOT TAKE**

- **Spring is almost here! Don’t miss out on this month’s events and activities on campus!**

**STUDY HACKS**

- **Walking 47%**
- **Public Transit 45%**
- **Sunshine:**
  - **Which spot on campus is your go-to for soaking up the sun?**

**STUDENT LIFE**

- **Experiential Learning机遇:**
  - **Join us for a consultation session**
  - **Attend a consultation session on April 4, 4:30 p.m. in UC 3325 and 4:30 p.m. in UC 1225.**

**VIP TIPS**

- **Visit the campus community discussion board**
- **Follow us on social media**

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**STUDY HACKS**

- **Visiting campus during Professional Writing Week**
- **Check out the Western Mustangs Female Swimmer of the Year**
- **Perform back-to-back in the 2024 U SPORTS National Championships and was named U SPORTS National Swimmer of the Year.**
- **Improving academic and wellness supports to help you through the end of the year.**

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