



Attend the hirewesternu Career Fair on October 11 & 12!

Meet with more than **120 employers** at our first ever **two-day** Career Fair, taking place in the **Mustang Lounge (UCC)** on October 11 and 12 from **10 a.m. to 3 p.m.** Attending employers are excited to share the full-time, part-time, and work integrated opportunities in their organizations.

We designed the Career Fair to take place over two days to allow for larger pathways and greater access to employers which we hope will improve the experience for all attendees. The fair is open to all Western students, as well as alumni and London community members. No registration is required.

Check out who's attending and discover tips to help you prepare!

[Visit careerfair.uwo.ca](https://careerfair.uwo.ca)

Events on Campus

OCT 2-6

EDID Awareness Week

Events and activities throughout the week to share education and awareness of the importance of decolonization, the realities of racism, disability rights, and faith systems, celebrating our 2SLGBTQIA+ community, and shining light on other equity-denied groups.

[Learn More](#)

OCT 3

Volunteer Fair

Learn about opportunities to get involved in the local community. Drop by the Volunteer Fair and meet with 30+ local nonprofit organizations and Western groups! Happening in the Mustang Lounge (UCC) from 12 to 3 p.m. Check out attending organizations below.

[Learn More](#)

OCT 16

Pride Show & Tell with Eva Bloom

Join us from 7 to 8 p.m. at The Wave (UCC) for a fun, interactive trivia gameshow celebrating 2SLGBTQIA+ history, relationships, and pleasure. Eva Bloom will be our gameshow host, taking us through a night filled with positivity and inclusivity. Light refreshments will be served!

[Register](#)

[See All Events](#)

Campus Life

PHOTO SPOTLIGHT: WESTERN HOCO 2023



It was an unforgettable Western HOCO 2023! The Student Fan Festival was packed with purple and the free food trucks were amazing. To make the day even better the Western Mustangs Football team celebrated a victory.

Check out our photo album! Spot yourself? Download your favourite pictures!

[View Photos](#)

WESTERN STUDENTS DIG UP HISTORY IN THE CARIBBEAN



Western students spent three weeks in Nevis as part of an archeology field school run by professor Neal Ferris.

Photo from Left to Right: Garrett Davies, Grace Glinoga, Michael Begnall, Anna Riberdy and Hanne Andersen. (Hanne Andersen Photo).

[Read Story](#)

WESTERN WELLNESS

Group Care & Workshops

There are a number of mental health support groups and workshops offered this term, covering a range of topics: Anxiety 101, Mind Over Mood for Depression, Queer Connections and more.

These mental health groups and workshops offer a safe, affirming space for students to come together and discuss the issues impacting their well-being and ability to thrive as a student. Counsellors will facilitate, provide support and suggest strategies during sessions.

[Visit uwo.ca/health](https://uwo.ca/health) for more information and to register!

Wellness Navigator

This digital tool is your one-stop shop to find all the supports & resources available to you both on and off-campus! You can also create an account and complete a confidential self-assessment to monitor your own well-being.

MUSTANGS MINUTE

The #1 nationally ranked Western Mustangs Football team took down the previously undefeated Windsor Lancers over the weekend, to move to 6-0 on the season.

Mustangs Women's Softball are also undefeated, going 18-0 in their regular season, with their National Championships starting next weekend.

Saturday Night Lights! Your undefeated Western Mustangs Football team play the Toronto Varsity Blues, for a special night game at home on **Saturday, October 14 at 7 p.m.** Stay after the game for a light show and fireworks.

Admission is FREE for Western students for all sports teams' regular season home games with valid Western ONECard. [More info about all team schedules, times and scores.](#)

Follow [@WesternMustangs](#) on TikTok for behind the scenes with all of our Mustangs teams or [@WesternMustangs](#) on all other platforms for game day info and team coverage.

GET INVOLVED

- Explore **new seminar series** topics on "**Job Search Strategies**" and "**Design Your Life**". Each series includes four one-hour workshops over four consecutive weeks.
- Promote Inclusivity, Impress Employers, and Drive Positive Change - Experience transformational learning with the **Office of Equity, Diversity, and Inclusion's FREE certificate programs**: Anti-Racism Foundations Certificate Program and the Anti-Oppression Certificate.
- Western Libraries Student Advisory Council** Meet twice a year with other students and library staff to weigh in on library spaces, services and resources. You'll receive co-curricular credit and a reference letter. Apply by October 15.

STUDENT LIFE

- Western Campus Recreation offers **Women's Only Studio and Lane Swim times**. Studio space includes: studio bars, dumb-bell weights, stability balls, steps, and mats. More info can be found on the [Western Rec App](#) under 'Women's Only'.
- NEW:** Western Campus Recreation is offering **2SLGBTQIA+ swim time** on Sundays 6 to 7 p.m. [See all swim times.](#)
- Introducing **Jugo Juice, Fresh at Western** - Only on campus and made with fresh fruits and veggies. Enjoy everything Jugo has to offer in the Rec Centre and juice and smoothies in UCC. Learn more at jugojuce.com
- The **Peer Assisted Learning (PAL) Centre** is offering *extended hours* Tuesday and Thursday evenings during midterm season.

IMPORTANT DATES

- Oct 9:** Thanksgiving Holiday
- Oct 18-20:** Autumn Convocation
- Oct 30-Nov 5:** Fall Reading Week

[See More Dates](#)

HOT TAKE

Which of the 5 Western libraries is your favourite?

[Vote Now](#)

Results from Morning vs Night Class Poll:

Morning Class 67%
Night Class 33%

Follow us on social



Have feedback or want to share your story? Email us at WhatsUpWestern@uwo.ca