



Explore GradLife: Your Graduate Student Hub

Whether you're wrapping up summer research, preparing for a new term, or nearing the end of your program, the [GradLife website](#) is your hub for graduate student life at Western. Explore academic support, career development, wellness services, resources, and opportunities to stay connected.

Events on Campus

August 5 Rainbow Coffee Club Join the Pride Commission's Rainbow Coffee Club at the Grad Club! Connect with new queer friends over free coffee and tea in a welcoming space on the first Wednesday of each month. RSVP to Join	August 13 SOGS Study Hall Join SOGS Study Hall on August 13 from 11 a.m. to 1 p.m. at The Grad Club for a focused writing session with coffee, tea, and support from a Writing Support Centre advisor. Register below! Register for Study Hall
August 21-22 Western University Graduate Symposium on Music (WUGSOM) Explore music's role in advancing diversity, equality, and community at WUGSOM. Featuring graduate musicians from across disciplines, keynote speaker Dr. Stephanie Lind, and in-person and virtual attendance options. View Program & Schedule	August 22 SOGS Summer Games Join SOGS Summer Games on August 22 for a day of fun, friendly competition, and prizes! Build a team or play solo with games, pizza lunch, and refreshments included. Register below to participate! Register for Summer Games

[See All Events](#)

Campus Life

WESTERN NEWS: Long-term safety of nuclear waste storage examined in Western field research

Jessie McDonald with a module that held bentonite clay and copper samples underground (Photo source: Colleen MacDonald/Western Communications)

Chemistry PhD student Jessie McDonald is conducting field research in northwestern Ontario to investigate corrosion-resistant materials for Canada's proposed deep geological repository, contributing to long-term research on the safe storage of used nuclear fuel.

[Read Full Western News Story](#)

GRAD STUDENT LIFE

Academic Supports

- Access [grad life coaching](#) for support navigating your holistic journey through graduate school at Western.
- Are you a TA looking for support? The [Resource TAs](#) are available to help--contact the team at resource@uwo.ca.
- CGRS Proposal Writing Support Sessions:** Applying for the Canada Graduate Research Scholarship – Doctoral (CGRS D)? The Writing Support Centre and SGPS are offering August webinars to help students strengthen their research proposals, with foundations sessions on [August 5](#) and [August 13](#) and agency-specific sessions on [August 18 \(CIHR\)](#), [August 19 \(NSERC\)](#), and [August 20 \(SSHRC\)](#).

Career Development

- Whether you wrapped up your program this summer or are continuing into the fall, [book an appointment](#) with a **Career Coach** to check in on your career goals.
- Did you know there are **job postings** year-round on [Western Connect](#)? Log in to start browsing opportunities from employers looking to hire Western students.

Campus Recreation

- Take a break and stay active this summer with Campus Recreation! Drop in for a workout, try a group fitness class, enjoy aquatics, or join a drop-in sport. Visit the Western Student Recreation Centre or explore summer hours and programming at www.uwo.ca/campusrec.

INSPIRING MINDS: Emilie Potts

Emilie Potts, PhD Candidate in Biomedical Engineering, shares her research exploring the factors that influence concussion severity and recovery using physical testing and computational simulations to better understand traumatic brain injuries and improve health outcomes.

[Read About Emilie's Research](#)

WESTERN WELLNESS

Lunch & Learn Workshop: Feel Your Feelings!

Explore how emotions influence decision-making and learn strategies to better understand and use emotions as valuable tools in personal and professional contexts during this Wellness & Equity Education Lunch and Learn on August 12. Light snacks provided.

[Register for Workshop](#)

Connect with Health & Wellness Services

Graduate students can register with Western's Health & Wellness Services to access physical health care, mental health counselling, and other wellness supports throughout the academic year.

If you haven't already, create a clinic profile by calling **519-661-3030** with your name, date of birth, and health card number. Once registered, book appointments online through [TELUS Health Connect](#) ([Google Play Store](#) or [Apple App Store](#)) or visit the website to learn more about the [new online booking process](#).

MUSTANGS MINUTE

2026 FISU World University Championships Rowing are coming to London August 13-15!

This August, London will welcome the world as the 2026 FISU World University Championships Rowing take place at Fanshawe Lake in the Fanshawe Conservation Area from August 13-15. Hosted in partnership with Western University, the Ontario Government, Rowing Canada, U SPORTS and Tourism London, the event marks the first time the championships will be held in North America.

Student-athletes from around the world will compete over three exciting days of international racing, offering the Western and London communities a unique opportunity to experience world-class university sport right here at home. You are invited to come out, cheer on the competitors and be part of this historic international event! Admission is free to the actual event, but please note that Fanshawe Conservation Area charges a fee for cars to enter.

For more information, or if you're interested in volunteering, visit the [FISU World University Rowing Championship website!](#)

OWN YOUR FUTURE

Upcoming Workshop: Navigating Online Job Postings

The majority of job applications are now processed through online systems. This workshop will help you to identify trustworthy online job boards, recognize signs of job scams, identify key words in job descriptions, and tailor your application accordingly by clearly articulating the skills and experience the employer is seeking.

Please note the focus will be on non-academic job postings in the private, public, and nonprofit sectors.

We will use real and current job ads as examples - please feel free to bring one that interests you!

Date: Wednesday, August 19
Time: 11:30 a.m. to 12:30 p.m.
Location: Virtual

[Register Now](#)

Important Dates

- August 3:** Final date for master's candidates to complete the preliminary thesis submission to finish the degree within the summer term and be eligible for the October Convocation.
- August 24:** Final date for thesis examination for doctoral and master's candidates to complete the degree within the summer term and be eligible for the October Convocation.
- August 31:**
 - Grade submission deadline for summer term grades for students wishing to graduate at Autumn Convocation.
 - Deadline for doctoral and master's candidates to submit the thesis for examination to SGPS to be eligible for Thesis Defense Only status for the fall term.
 - Final thesis submission deadline for students wishing to graduate at the Autumn Convocation.
 - Summer term ends.

[See More Dates](#)

Have feedback? Email us at WhatsUpWestern@uwo.ca

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Unsubscribe info here.