

Graduate Writing Week

The [Writing Support Centre](#) is pleased to offer **free** GradWRITE Seminars that are designed to help graduate students and postdoctoral scholars meet the specific demands of academic and professional writing.

Join us **online** between **May 20 - 30** for more than 10 seminars on topics including The Writing Process, Summarizing Your Research Into an Abstract, and Getting Published.

These seminars cover a variety of topics to help you learn about and successfully address the expectations involved in writing theses, dissertations, manuscripts, proposals, applications, literature reviews, abstracts, and more. Our goal is to help you become an effective writer and communicator in your academic discipline and professional field.

You may register for all seminars or just the ones that interest you. If you attend four or more seminars, you will receive credit on your [Co-Curricular Record](#).

Graduate Writing Week

Events on Campus

May 7

Spring Graduate Student Orientation

Check out Spring Graduate Student Orientation to learn about supports, meet fellow incoming students, and learn about how to make the most of your time in graduate school.

Orientation Details

May 20

Art as Resistance and Resilience with Dr. Asma Sayed

Join the Office of EDI virtually as we honour Asian Heritage Month at Western, exploring how South Asian communities resist discrimination and mobilize social justice in Canada.

Register for Event

May 28

Lunch & Learn Summer Workshop Series

Join the Wellness & Equity Education team for a four-part *Lunch & Learn* series running from May to August. Explore key topics like conflict, friendships, values, and boundaries. **The first session, "Conflict," takes place on May 28**, from 12 to 1 p.m. in the Weldon Library Community Room. [Read workshop description](#)

Register for Workshop

May 30

Lunch for International Students & Families

International students and their families (spouses, partners, and children) are invited to attend an informal lunch on May 30 from 1 to 3 p.m. in the International & Graduate Student Affairs Building Atrium to connect with each other and welcome new international families to Western this summer.

Lunch Registration

See All Events

Campus Life

WESTERN NEWS: Western's future ESL teachers gain practical skills working with local instructors

Faculty of Education lecturer Douglas Severo (centre) with his Master of Professional Education in the field of teaching of Teaching English to Speakers of Other Languages (TESOL) class. (Submitted)

From 3D broccoli to conversation games to online quizzes, Western students training to teach English as a second language (ESL) recently brought learning alive for local newcomers, thanks to a community-based learning project created by Douglas Severo.

Read Full News Story

GET INVOLVED

- Relax, recharge, and refocus with drop-in meditation through [weekly Mindful Moments](#). Wednesdays from 12 to 12:30 p.m. in UCC 38B (May 14 – August 20).
- Access [grad life coaching](#) for support navigating your holistic journey through graduate school at Western.
- [Mindfulness for Academic Success](#) is a 6-week in-person program designed as an introduction to mindfulness and meditation practices. Reflect on how being more mindful can help you succeed as a graduate student.
- Looking for accountability support for your Master's or PhD? Join a [weekly online planning group](#), open to students at any stage of their program.
- All students are invited to connect with new friends at [Global Café](#) every Thursday in May from 3 to 5 p.m. in the IGAB Atrium as we welcome a new group of international students to campus.
- [Explore EDI Certificate Programs](#) from Western's Office of Equity, Diversity, and Inclusion to build your skills and create more inclusive communities.
- Did you know ensemble auditions at the Don Wright Faculty of Music are open to ALL Western students regardless of program or major? [Instrumental audition excerpts for 2025-26 are now available](#), with auditions taking place in September.
- [Sign up now for summer intramurals!](#) Registration closes on Wednesday, May 7. Open to all, regardless of enrollment status. Meet new people, enjoy friendly competition, and have fun. No experience needed, limited spots available.

GRAD STUDENT LIFE

- Stay on top of grad school with [GRADUpdate](#)—your monthly dose of tips and strategies for success. In the [May Issue](#), we dive into Spring Cleaning, with two practical tips—one for decluttering your physical space and one for organizing your digital workspace.
- Taking summer courses? Connect with [Learning Development & Success](#) and the [Writing Support Centre](#) for help meeting your learning goals and improving your written assignments.
- Summer is a great time to reset and review your career goals to better strategize your efforts now and during the academic year. [Meet with a career coach](#) to learn how!
- It's not too late to find a summer job! Check out the job boards on [Western Connect](#).
- Western Campus Recreation will be closed May 5 to 9 for upgrades and maintenance, but will re-open for summer on May 10.** Campus Rec offers a variety of programs for all skill levels and abilities, including Group Fitness, Aquatics & FirstAid, Intramurals, Drop-In Sports, and much more. Visit us in the Western Student Recreation Centre for a workout, class or program - [view summer hours](#). Visit our [Orientation page](#) for more information.
- Spring cleaning? Donate items to the new [Free Store at Western!](#) Open every Wednesday from 11:30 a.m. to 1:30 p.m. throughout the summer! Items must be clean and in good condition. [Learn more!](#)

VIDEO FEATURE: Western leads the way in innovation and discovery

Western's research strengths run deep. Our world-class researchers are leading the way in creating more sustainable communities, unlocking the mysteries of Alzheimer's and Parkinson's, navigating new realities in space exploration and tackling the challenges of deepening social divides and global instability.

Learn how Western researchers are changing the world today by watching this research-focused video.

Watch Video

WESTERN WELLNESS

Student Health & Wellness Services are open Monday to Friday, from 9 a.m. to 4 p.m. during the summer. You can book an appointment to meet with a doctor, case manager, or mental health counsellor. [Mental health counselling](#) is also available virtually for students, whether you're on campus or not!

Measles cases are on the rise in Canada, including recent exposures in the Middlesex-London region. Visit the [Middlesex-London Health Unit](#) for exposure site details and guidance. If you believe you have been exposed, isolate and contact your care provider before seeking care so that proper precautions can be put in place. If you are looking to get vaccinated, Student Health & Wellness Services can help—[book an appointment today](#).

Wellness & Well-being

Mustangs Awards

The annual Mustangs Awards Celebration took place early April at Alumni Hall, celebrating the successes of the Western Mustangs teams, coaches and student athletes. Over 750 individuals were in attendance for the awards night which included major awards and Mustangs MVPs. Graduating Rings and Bronze W recipients were also recognized.

- 2025 Male Athlete of the Year is KENNETH WEST, Men's Track & Field.
- 2025 Female Athlete of the Year is FAVOUR OKPALI, Women's Track & Field.
- 2025 Rookie of the Year – Female is: ZEA WETZLAUGHK, Women's Swimming.
- 2025 Rookie of the Year – Male is: KOHL KLETKE, Men's Rugby.
- 2025 recipient of the G. Howard Ferguson Award: JACKSON FINDLAY, Mustangs Football.
- 2025 recipient of the Karen Danylichuk Award: AVARIE THOMAS, Women's Basketball and Women's Soccer.

Mustangs Awards

CFL

The 2025 CFL Draft saw six members of the Mustangs Football program being selected to teams across Canada last week. [Six Mustangs were taken in the 2025 CFL Draft](#).

CEBL

The Vancouver Bandits announced in April that the club selected Mikyle Malabuyoc from the Western Mustangs at the seventh annual [Canadian Elite Basketball League \(CEBL\) Draft](#).

For more info, follow [@WesternMustangs](#).

INSPIRING MINDS: Beverly-Ann Hoy

Inspiring Minds | Beverly-Ann Hoy

Beverly-Ann Hoy, MA candidate, Education at the Faculty of Education, is researching how physical activity may enhance brain function and learning in children with ADHD. Her work explores the potential of combining movement and cognitive tasks to support executive functioning and improve outcomes in the classroom. This novel approach could offer promising support alongside traditional treatments for neurodevelopmental disorders.

Read About Beverly-Ann's Research

OWN YOUR FUTURE

Upcoming Workshop:

Character Leadership Workshop Retreat

This 2-day workshop is offered in partnership with Ivey's Ian O. Innatowycz Institute for Leadership as part of the Own Your Future program's Leadership curriculum. It will be held at the Ivey Spencer Leadership Centre (Juniper Room) at 551 Windermere Rd. Lunch will be served at noon each day and the workshops will run from 1:00pm-4:30pm each day.



Date: Wednesday, May 21, 2025
Time: 12 to 4 p.m.
Location: Ivey Spencer Leadership Centre, Juniper Room
Cost: Free

Register For Workshop

IMPORTANT DATES

- May 1 (Beginning of Summer Term):** Summer term officially begins. Since this date does not necessarily coincide with the beginning of classes, students should contact their program for the specific date when courses start.
- May 7:**
 - Emergency Weather Siren Testing:** The live monthly testing of Western's emergency weather siren will take place on May 7 at noon. Unless otherwise notified, this is only a test and no action is required.
 - Due date for summer term tuition (first installment).
- May 14:** Grade submission deadline for winter term grades for continuing students.
- May 30:**
 - Last day to enrol in graduate courses starting in the summer term. Students who are not enrolled by this date cannot receive academic credit for the summer term.
 - Last day to declare an audit for a course starting in the summer term.
 - Last day to drop a graduate course beginning in the summer term without it appearing on the transcript. Students who drop after this date but before July 1 will receive a WDN on their transcript.

Have feedback or want to share your story? Email us at WhatsUpWestern@uwo.ca



Western University 2025

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Western

StudentExperience