

# Summer is officially here!

As you tackle your summer courses, remember that many campus supports are available to assist you every step of the way. Visit the Student Experience website to learn more.

Student Experience

# **Events on Campus**

July 9, 16, 23, 30

July 11

### Western Farmers Market

Stop by Kent Drive every Wednesday from 10 a.m. to 2 p.m. to pick up fresh produce, flowers, baked goods and other local treats. A food truck will also be on site if you're looking to grab a quick lunch between classes or research sessions.

Farmers Market

#### July 20

### **London Pride Parade**

March alongside fellow faculty, staff and students as we represent Western in the 31st annual Pride Parade, celebrating and honouring the 2SLGBTQIA+ community. Meet at the staging area between 10 and 11:45 a.m. to get ready, connect and enjoy some pre-parade fun, including facepainting. The parade kicks off at noon.

# Out at the Beach

Join the Office of Equity, Diversity and Inclusion for a vibrant outdoor celebration of Western's 2SLGBTQIA+ community and its allies, featuring music by DJ Nic Nemesis. Connect with others, explore community resources and recognize the achievements and resilience of 2SLGBTQIA+ individuals and communities. Everyone is welcome. **No registration required.** 

Pride at Western

### July 24

## **Global Café**

Join Western International from 3 p.m. to 5 p.m. in the IGAB Atrium for Global Café. Meet people from around the world and learn about different cultures and experiences. This event is open to all students.

Global Café



# **Campus Life**

# VIDEO FEATURE: New VP, Same Mustang Energy!



As John Doerksen steps away for a year of study, we're welcoming Stephanie Hayne Beatty as Acting Vice-Provost (Students) — with JW (and a few essentials) in hand. Same Mustang energy, same commitment to you.

Check out the video to see the handoff in action.

Watch Video

## **GET INVOLVED**

- Explore open opportunities with the <u>Western Peer Leader program</u> to gain experience and make an impact in the Western community. Positions still recruiting include Student Writing Advisors, Digital Peer Leaders, Employer Relations Volunteers, and more.
- Relax, recharge, and refocus with drop-in meditation through <u>weekly Mindful</u> <u>Moments</u>. Wednesdays from 12 to 12:30 p.m. in UCC 38B until August 20.
- FREE Beginner Yoga & Pilates this gentle class blends yoga and pilates to help you build strength, improve flexibility, and reconnect with your body in a supportive, beginner-friendly environment. Ideal for newcomers, those returning to fitness, or anyone seeking a calming, low-impact way to move. Running Mondays and Wednesdays at 5:30 p.m. in the summer.
- <u>Complete the Anti-Oppression Certificate Program</u> Navigate systems of oppression and reflect on stereotypes affecting equity-deserving groups. Become an ally, build compassion and learn how to create inclusive places and spaces at Western.

### **STUDENT LIFE**

- Employers recruit for 2025 internships and co-ops starting in early September. Book a <u>career coaching appointment</u> to start preparing!
- On campus this summer? Drop by Careers & Experience in UCC 210 for a
- free professional headshot! The process only takes about 3 minutes. Learn more.
- If your summer courses include written assignments, get help from the Writing Support Centre through a <u>one-to-one appointment</u> or <u>online writing</u> <u>assistance</u>.
- Not on campus? <u>Pickup Anywhere</u> allows you to request books to and from 16 universities across Ontario or walk in to a partner library, pick from the shelves, and check out using your Western ONECard. The same goes for returns – drop off books at any partner library.

## THRIVE ONLINE: Summer School Survival: 8 Things I Wish I Knew Before Hitting 'Enroll'



In the latest Thrive Online blog, Raha shares her honest, witty take on navigating summer school, from compressed semesters and caffeine overload to time-saving hacks and staying connected with friends. Her survival tips will help you make the most of your summer studies without losing the summer vibe.

Read Raha's Blog

### WESTERN WELLNESS

Student Health & Wellness Services are open Monday to Friday, from 9 a.m. to 4 p.m. during the summer (excluding holiday closures).

You can book an appointment to meet with a doctor, case manager, or mental health counsellor. <u>Mental health counselling</u> is also available virtually for students, whether you're on campus or not!

Visit Wellness & Well-being

## **MUSTANGS** MINUTE

Western Mustangs Shine on the International Stage at 2025 FISU Summer Games

Many Western Mustangs student-athletes are representing Canada on the international stage this summer, including at the 2025 FISU Summer World University Games, taking place July 16–27 in the Rhine-Ruhr region of Germany.

Shona Branton, a fourth-year Social Sciences student and former Western Female Athlete of the Year, will compete in swimming at FISU, continuing her standout performances in the pool.

In rowing, Olivia Calbeck, a third year Science student, has been selected to represent Western and Canada in the Coxless Four event, building on the Mustangs' long-standing tradition of rowing excellence on the water.

In addition, a notable <u>twelve exceptional Western Mustangs</u> will represent Canada in Track & Field at FISU this summer, alongside coach Vickie Croley.

Looking ahead, the Mustangs community is proud to help bring the global spotlight home, as Western will serve as a host site for the <u>2026 FISU Rowing -</u> <u>World University Summer Games</u>.

### **IMPORTANT DATES**

- July 7: Summer Distance Studies & Summer Evening: Last day to withdraw from a 6-week second-term course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'
- July 8: Summer Day: Last day to add or drop a 3-week first-term course. Courses dropped by this date will not appear on a transcript. Courses dropped after this date will appear on a transcript with a grade of 'WDN' (withdrawn, without academic penalty)
- July 11: Summer Day: Last day to add or drop a 6-week course. Courses dropped by this date will not appear on a transcript. Courses dropped after this date will appear on a transcript with a grade of 'WDN' (withdrawn, without academic penalty)
- July 15: Intersession: Deadline to declare a Discovery Credit course
- July 18: Summer Day: Last day to withdraw from a 3-week first-term course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'
- July 25: Summer Day: Last day to withdraw from a 6-week course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'
- July 29: Summer Day: Last day to add or drop a 3-week second-term course. Courses dropped by this date will not appear on a transcript. Courses dropped after this date will appear on a transcript with a grade of 'WDN' (withdrawn, without academic penalty)

See More Dates

### HOT TAKE

Which is the ultimate on-campus summer study spot?

UC hill or The Spoke patio

Vote Now

Results from last poll: What's your summer course strategy?

39% Stay ahead and chill later 61% Pure survival mode

Have feedback or want to share your story? Email us at <u>WhatsUpWestern@uwo.ca</u>



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Western StudentExperience