



Kicking off the summer term!

Welcome to *What's Up Western*, your pulse on campus life, news, and events. If you received these emails throughout the Fall/Winter terms, you'll be pleased to know we're back to support summer students on a monthly basis and help you stay in the loop! If you are new to Western, or here just for the summer, welcome! We hope you will find these emails helpful as you navigate your way around campus.

As you tackle your summer courses, remember that many campus supports are available to assist you every step of the way. Visit the Student Experience website to learn more.

Student Experience

Events on Campus

**MAY 8, 15, 22, 29**

**Global Café**

All students are invited to connect with new friends at Global Café every Thursday in May from 3 to 5 p.m. in the IGAB Atrium as we welcome a new group of international students to campus.

Global Café

**May 20**

**Art as Resistance and Resilience with Dr. Asma Sayed**

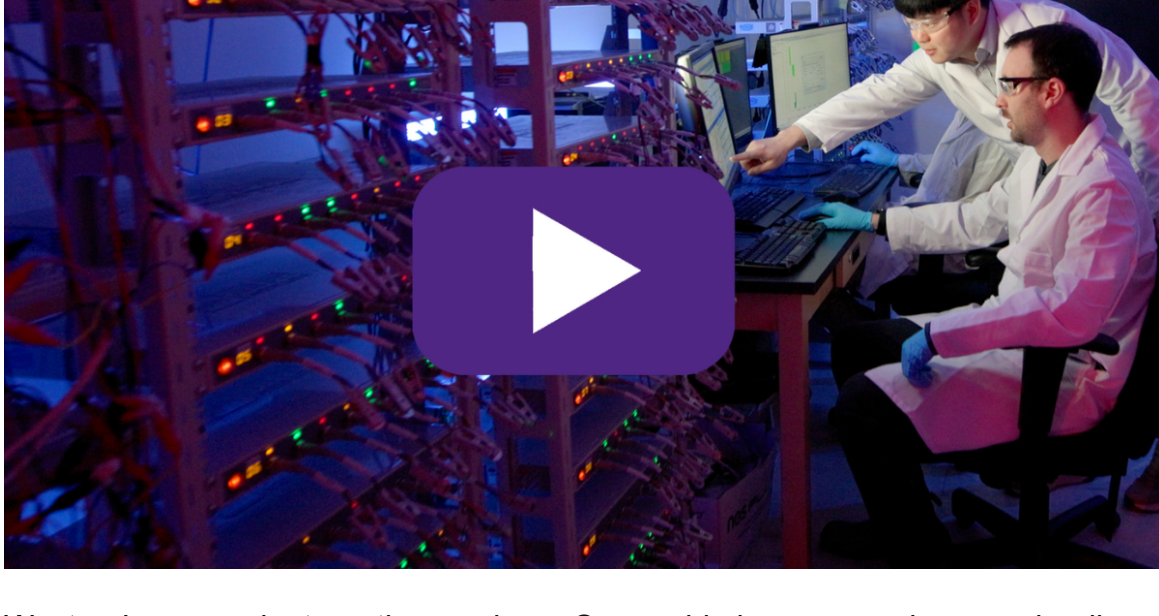
Join the Office of EDI as we honour Asian Heritage Month at Western, exploring how South Asian communities resist discrimination and mobilize social justice in Canada.

Learn More & Register

See All Events

Campus Life

VIDEO FEATURE: Western leads the way in innovation and discovery



Western's research strengths run deep. Our world-class researchers are leading the way in creating more sustainable communities, unlocking the mysteries of Alzheimer's and Parkinson's, navigating new realities in space exploration and tackling the challenges of deepening social divides and global instability.

Learn how Western researchers are changing the world today by watching this research-focused video.

Watch Video

GET INVOLVED

- Relax, recharge, and refocus with drop-in meditation through [weekly Mindful Moments](#). Wednesdays from 12 to 12:30 p.m. in UCC 38B (May 14 – August 20).
- Participate in the [Brainstorm Student Career Interests survey](#) and you could win a \$500 Best Buy Gift Card or one of 10 cash prizes of \$100!
- Looking to get more involved on campus? Explore opportunities with the [Western Peer Leader program](#) – positions are still recruiting for Summer 2025 and Fall/Winter 2025-26.
- [Explore EDI Certificate Programs](#) from Western's Office of Equity, Diversity, and Inclusion to build your skills and create more inclusive communities.
- Did you know ensemble auditions at the Don Wright Faculty of Music are open to ALL Western students regardless of program or major? [Instrumental audition excerpts for 2025-26 are now available](#), with auditions taking place in September.
- [Sign up now for summer intramurals!](#) Registration closes on Wednesday, May 7. Open to all, regardless of enrollment status. Meet new people, enjoy friendly competition, and have fun. No experience needed, limited spots available.

STUDENT LIFE

- Taking summer courses? Connect with [Learning Development & Success](#) and the [Writing Support Centre](#) for help meeting your learning goals and improving your written assignments.
- Summer is a great time to reset and review your career goals to better strategize your efforts now and during the academic year. [Meet with a career coach](#) to learn how!
- It's not too late to find a summer job! Check out the job boards on [Western Connect](#).
- Western Campus Recreation will be closed May 5 to 9 for upgrades and maintenance, but will re-open for summer on May 10.** Campus Rec offers a variety of programs for all skill levels and abilities, including Group Fitness, Aquatics & FirstAid, Intramurals, Drop-In Sports, and much more. Visit us in the Western Student Recreation Centre for a workout, class or program - [view summer hours](#). Visit our [Orientation page](#) for more information.
- Spring cleaning? Donate items to the new [Free Store at Western!](#) Open every Wednesday from 11:30 a.m. to 1:30 p.m. throughout the summer! Items must be clean and in good condition. [Learn more!](#)

Seize the Spring: May and June Festivals You Don't Want to Miss



Get ready to sway to the rhythm of live music, indulge in culinary delights from around the world and immerse yourself in a rich tapestry of cultural celebrations. With so much to see, do and taste, London's spring festivals are the ultimate playground for fun-seekers and foodies alike. Don't miss out—check out Tourism London to see what's happening in London in the coming months!

Read Tourism London Blog

WESTERN WELLNESS

Student Health & Wellness Services are open Monday to Friday from 9 a.m. to 4 p.m. during the summer! Book an appointment to meet with a doctor, case manager, or mental health counsellor. [Mental health counselling](#) is also available virtually for students, whether you're on campus or not!

**Measles cases are on the rise in Canada, including recent exposures in the Middlesex-London region.** Visit the [Middlesex-London Health Unit](#) for exposure site details and guidance. If you believe you have been exposed, isolate and contact your care provider before seeking care so that proper precautions can be put in place. If you are looking to get vaccinated, Student Health & Wellness Services can help—[book an appointment today](#).

Visit Wellness & Well-being

MUSTANGS MINUTE

**Mustangs Awards**  
The annual Mustangs Awards Celebration took place early April at Alumni Hall, celebrating the successes of the Western Mustangs teams, coaches and student athletes. Over 750 individuals were in attendance for the awards night which included major awards and Mustangs MVPs. Graduating Rings and Bronze W recipients were also recognized.

- 2025 Male Athlete of the Year is KENNETH WEST, Men's Track & Field.
- 2025 Female Athlete of the Year is FAVOUR OKPALI, Women's Track & Field.
- 2025 Rookie of the Year – Female is: ZEA WETZLAUGHK, Women's Swimming.
- 2025 Rookie of the Year – Male is: KOHL KLETKE, Men's Rugby.
- 2025 recipient of the G. Howard Ferguson Award: JACKSON FINDLAY, Mustangs Football.
- 2025 recipient of the Karen Danylchuk Award: AVARIE THOMAS, Women's Basketball and Women's Soccer.

Mustangs Awards

**CFL**  
The 2025 CFL Draft saw six members of the Mustangs Football program being selected to teams across Canada last week. [Six Mustangs were taken in the 2025 CFL Draft](#).

**CEBL**  
The Vancouver Bandits announced in April that the club selected Mikyle Malabuyoc from the Western Mustangs at the seventh annual [Canadian Elite Basketball League \(CEBL\) Draft](#).

For more info, follow [@WesternMustangs](#).

IMPORTANT DATES

- May 5: Summer Distance Studies & Summer Evenings:** 12-week courses and 6-week first-term courses begin
- May 7: Emergency Weather Siren Testing-** The live monthly testing of Western's emergency weather siren will take place on May 7 at noon. Unless otherwise notified, this is only a test and no action is required.
- May 9: Summer Distance Studies & Summer Evenings:** Last day to add or drop a 12-week course, or a 6-week first-term course. Courses dropped by this date will not appear on a transcript. Courses dropped after this date will appear on a transcript with a grade of 'WDN' (withdrawn, without academic penalty).
- May 12: Intersession:** 6-week courses and 3-week first-term courses begin
- May 13: Intersession:** Last day to add or drop a 3-week first-term course. Courses dropped by this date will not appear on a transcript. Courses dropped after this date will appear on a transcript with a grade of 'WDN' (withdrawn, without academic penalty)
- May 26:**
  - Summer Distance Studies & Summer Evening:** Last day to withdraw from a 6-week first-term course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'
  - Intersession:** Last day to withdraw from a 3-week first-term course resulting in a grade of 'WDN' (withdrawn, without academic penalty). Course withdrawals after this date will appear on a transcript with a grade of 'F'
- May 30: Intersession:** 3-week first-term courses end

See More Dates

POT TAKE

With the warmer weather, we want to know what is your go to iced-drink?

Iced Coffee or Bubble Tea

Vote Now